Annual Report - 2016

"Empowering young people with Life Skills based Sexual and Reproductive Health (SRH) Education"





(Project No: IND8U602)





Kalinga Institute of Social Sciences (KISS)

Submitted to:

United Nations Population Fund (UNFPA)

Abbreviations

AIDs Acquired Immune Deficiency virus syndrome

ARSH Adolescent Reproductive and Sexual Health

ASHA Accredited Social Health Activist

AWW Anganwadi Workers

DPTC Disaster Preparedness Training Centre

FHW Female Health Workers

HIV Human Immune Deficiency Virus

IEC Information Education Communication

KGBV Kasturba Gandhi Balika Vidyalaya

KIIT Kalinga Institute of Industrial Technology

KISS Kalinga Institute of Social Sciences

LSE Life Skill Education

PMU Project Management Unit

PRIs Panchayat Raj Institutions

RTI Reproductive Tract Infections

SPC State Program Coordinator

SPO State Program Officer

S & ME School & Mass Education Department

SRH Sexual and Reproductive Health

SSD ST & SC Development Department

STI Sexually Transmitted Infections

UNFPA United Nations Population Fund

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I. Background:

United Nations Population Fund (UNFPA) is partnering with Kalinga Institute of Social Sciences (KISS) for undertaking life skills based sexual and reproductive health (SRH) education since 2009. In KISS, around 25,000 tribal students are pursuing their education out of which around 12,500 are tribal adolescents. A comprehensive Life Skills based Adolescent Reproductive and Sexual Health (ARSH) Education Program is being implemented at the Kalinga Institute of Social Sciences (KISS). The intervention has been implemented to enhance the knowledge and skills of the students on life skills and SRH through class room transaction at school level and peer education at college level. In the past six years, KISS has emerged as resource agency having a critical mass of resource persons. A wide range of communication and resource material with socio-cultural palatability has also been developed. From the year 2012 to 2014, KISS extended technical support in the implementation of the LSE based SRH education programme in 500 residential schools of the government which included 318 SSD high schools and 182 KGBVs in phased manner reaching out to 70,000 adolescents from the disadvantaged communities. One of the remarkable achievements of the initiative was scaling up of the Life Skills Education programme in tribal residential schools in direct partnership with the government. From 2015, the programme is being scaled up by the ST & SC Development Department, Government of Odisha. The main focus during 2015 was on promoting research on the area of ARSH through post graduate students of KISS itself.

In 2016, intervention not only limited to strengthening the LSE-SRH activities in KISS but due focus was given on empowering adolescents to access counselling and SRH services at KISS. Peer Education approach for promoting ARSH at school level in Class VIII and IX was introduced. It supplemented the existing strategy where nodal teachers are transacting life skills sessions in the classroom. The activities like training of newly inducted teachers, reorientation of existing nodal teachers, training of peer educators at school level and refresher training of peer educators at college level were accomplished. Need based resource and communication materials on ARSH were adopted and developed for reference of students and teachers. Support for Menstrual hygiene and counseling services continued. A robust mechanism was adopted for management and maintenance of the sanitary napkin manufacturing unit. Management of sanitary napkin manufacturing unit continued to be co-funded by the institute.

II. Objectives of the intervention:

- A. To enhance knowledge and skills among 12,500 adolescents of tribal and disadvantaged communities on SRH through life skills education at KISS
- B. To promote healthy menstrual hygiene practices among adolescent girls studying at the Institute

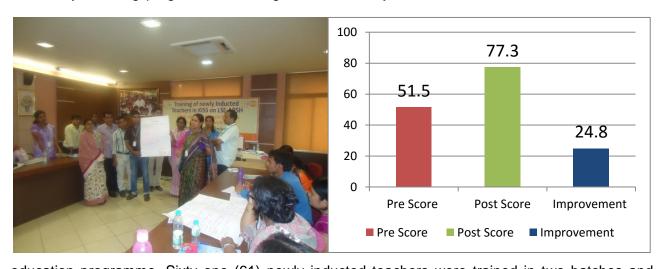
III. Highlight of activities Undertaken in the year 2016:

Activity01: Strengthen Life Skills Based SRH Education for enhancing knowledge and skills among adolescents as well as creating an enabling environment for safer growing up process

The nodal teachers are transacting LSE sessions in the class room as per the fixed time table and peer education is being promoted at the college level. Capacity building training of newly recruited teachers were organized for building a common understanding on the program as well as to train them on importance of life skills based sexual and reproductive health education for safer and informed growing up process. Weekly peer educators meetings were organized, their dairies were reviewed and they were encouraged to discuss on different SRH issues with students.

Training of newly inducted teachers in KISS on LSE-SRH

Three days training programme was organized for newly inducted teachers on LSE based SRH



education programme. Sixty one (61) newly inducted teachers were trained in two batches and training was organized at KISS from 17th to 19th March and 28th to 30th March'2016. The training helped the teachers in understanding the importance of LSE based SRH education for safer and informed growing up process for adolescents and developing their capacity in transacting LSE sessions in class. During the training, teachers were trained on ten core life skills, personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI, HIV/AIDs and nutrition related issues. Also, teachers were oriented on effective use of different resource and communication materials while imparting LSE sessions. Internal resource persons along with PMU member facilitated the training. (*Refer Annexure II & III for list of participants & schedule in the training)*. The post assessment shows that there is substantial increase in knowledge level of teachers after the training.

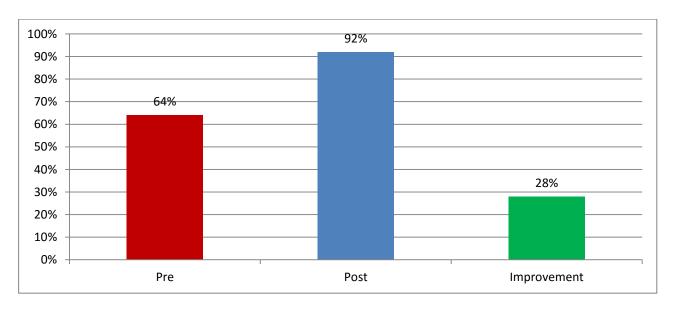
Reorientation of 90 teachers on LSE-SRH at KISS for 3 days

Three days reorientation training was organized for KISS teachers on LSE based SRH education programme. Ninety three (93) teachers were reoriented in three batches and training was organized at KISS from 25th to 27th, 28th to 30th April'16 and 2nd to 4th May'2016. The training helped the teachers in refreshing their knowledge and developing their capacity in transacting LSE

sessions in class. During the training, teachers were reoriented on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI, HIV/AIDs, Child Rights and nutrition related issues. Also, teachers were oriented on effective use of different resource and communication materials while imparting LSE sessions. Internal resource persons along with PMU member facilitated the training. (Refer Annexure IV & V for list of



participants & schedule of the training). The post assessment shows that there was substantial increase in knowledge level of teachers after the training.



Selection and training of Peer Educators at school level:

In a participatory approach, 127 students of class 8th and 9th were selected as peer educators. LSE Nodal Teachers, Class Coordinators and headmaster scrutinized a pool of 250 students from each class on the basis of their interest, knowledge on the Life Skill and ARSH, leadership ability and good communication skill. Further, Project Manager, LSE and nodal teachers had small group meetings and interactions with the students. The list was finalized with one boy and one girl from each section not having any role in the campus with other activities such as Junior Red Cross,

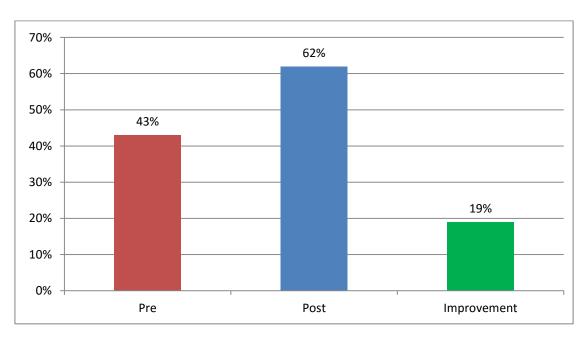
Scout and Guide, Cup and Bulbul so that their involvement and commitment towards being a peer educator will be more.

The five days residential induction training in two slots on life skill and ARSH issues was organized for these selected 127 peer educators of class 8th and 9th at Disaster Preparedness Training



Centre, Red Cross Bhavan from 6th to 10th and 19th to 23rd September'2016. The training helped them to better internalize life skills and gather more information on ARSH issues. During the training, peer educators were trained on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI, HIV/AIDs, Child Rights and nutrition related issues and the concept of

peer education and their role and responsibilities. Also, peer educators were oriented on effective use of different resource and communication materials while promoting peer education. Internal resource persons along with PMU member facilitated the training. (Refer Annexure VI & VII for list of participants & schedule of the training). The post assessment shows that there was substantial increase in knowledge level of peer educators after the training.



Selection and Training of Peer Educators at College level:

A list of 150 students from each stream of Arts, Science and Commerce were identified in a participatory approach by senior peer educators, nodal teachers and principal based on their interest, knowledge on the Life Skill and ARSH, leadership ability and a good communication skill. Then through a written test focus on knowledge, interest and aptitude, 64 students were selected as peer educators.

The two batches of five days residential induction training on life skill and ARSH issues was organized for these selected 64 peer educators at Disaster Preparedness Training Centre, Red Cross Bhavan from 7th to 11th and 15th to 19th November'2016. The training helped them to better internalize life skills and gather more information on ARSH issues. During the training, peer educators were trained on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation,



conception, contraception, RTI/STI, HIV/AIDs, Child Rights and nutrition related issues and the concept of peer education and their role and responsibilities. Also, peer educators were oriented on effective use of different resource and communication materials while promoting peer education. Internal resource persons along with PMU member facilitated the training. (*Refer Annexure VIII & IX for list of participants & schedule of the training).* The post assessment shows that there was substantial increase in knowledge level of peer educators after the training. Further, reorientation training was organized especially for female peer educators on ARSH issues on 27th December 2017 for better clarification and understanding of SRH issues.

Refresher Training of existing Peer Educators on ARSH issues:

The three days residential refresher training in two batches on ARSH issues was organized for 66 peer educators at Disaster Preparedness Training Centre,(DPTC) Red Cross Bhavan from 22nd to



24th and 25th to 27th August'2016. Besides, sessions on laws and legislations related to children and women were facilitated in the training. The training helped the peer educators to get more information on ARSH issues and clarify their doubts. During the training, peer educators were trained on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI,

HIV/AIDs, Child Rights and nutrition related issues Internal resource persons along with PMU member facilitated the training. (*Refer Annexure X & XI for list of participants & schedule of the training*). The post assessment shows that there was substantial increase in knowledge level of peer educators after the training.

Community level awareness through Peer educators:

During summer vacation, the community awareness month was organized starting from 12th May to 12th June' 2016. During this period 75 trained peer educators of 75 villages covering 59 Blocks

and 17 districts of the State were engaged in different activities such as promoting health, hygienic practices, ARSH through group meetings, rallies, focus group discussions, peer counseling, drawing competitions and so on among their peers and rural adolescents. Besides, community level stakeholders viz Panchyat Raj Institution members (PRIs), Aganwadi Workers (AWWs,) Accredited Social Health Activists (ASHAs), Female Health workers (FHW) and



village leaders were also sensitized. As part of awareness generation on Life Skills and ARSH among adolescents at community level, peer educators organized Community Awareness Programs in their respective villages. IEC materials were used by Peer Educators for internalizing SRH issues among adolescents.

Further, leaflets in Odia on SRH issues were distributed for wider dissemination of information. The



purpose of the program was to disseminate Life Skills amongst the adolescent children of the tribal area, as well as to encourage the denizens to promote and adopt LSE in their day to day life. Moreover, it was focused to promote health and hygiene practices, specifically reproductive health through Life Skills development among their peers and rural adolescents. Issues of age at marriage,

teenage pregnancy, RTI.STIs, HIV/AIDs, substance misuse and myths misconception associated with menstruation were discussed at length among adolescent girls and mother. This program directly benefitted 3500 rural adolescents immensely to manage their SRH concerns. (*Refer Annexure – XII for Peer Educator CAP plan*).

The activity report of peer educators was compiled and documented into a report in hiring a consultant. The report was printed and shared with Government and CBOs for better understanding of the issues at the grass root level.

Life Skill Based SRH Education Sessions:

LSE sessions in classes are being transacted as per the fixed period allotted in the school timetable. Monthly themes have been fixed and accordingly teachers transacts the sessions. In order to promote group learning, LSE sessions are envisaged to be an activity based sessions. Hence, participatory methodology such as brainstorming, case studies, group work, role play and such others techniques are used for transaction of LSE sessions by trained nodal teachers. Various communication and resource materials such as thematic charts, case studies, facilitators guide have been provided to teachers to facilitate in organizing LSE sessions. By the end of December'2016, out of planned 20 sessions on an average 16 sessions have been completed in all classes. Broad thematic areas which were covered under these (16) sessions are prevention of communicable disease, personal hygiene and nutrition, growing up and changes during adolescence and early marriage and teenage Pregnancy, RTI/STI and HIV/AIDs, Child Rights and Sexual Abuse. In total, 7561 adolescent students reached out through classroom transaction of LSE sessions.

Table - 1 shows average No. of sessions and class wise progress of broad thematic areas:

SI. No	Class	No of Sections	No of students covered	Avg. no of sessions completed (out of 20)	Broad Thematic Areas Covered	
1	VI	40 (A to ZN)	1986	14	Prevention of communicable disease, personal hygiene and nutrition, Growing up and changes during adolescence, Early Marriage and Teenage Pregnancy, RTI/STI and HIV/AIDs, Child Rights and Sexual Abuse	
2	VII	42 (A to ZP)	2093	15	-do-	
3	VIII	38 (A to ZK)	1834	17	-do-	
4	IX	33 (A to ZG)	1648	16	-do-	
		TOTAL	7561	16		

Coordination and Planning Meetings:

Regular Monthly review and planning meetings were held at PMU level to carry out the planned activities in the quarter. Besides, as planned in every quarter, coordination and planning meeting was held with SPC and SPO at UNFPA State office to review the status of the program as well as plan for the subsequent quarter. Further, from time to time guidance was also taken from SPC/SPO, UNFPA for organizing the planned activities.

Activity 02: Promote menstrual hygiene among adolescent girls in the institute

Adolescent friendly counseling and health services are essential facets of ARSH programmes.

Identified teachers have been trained and are providing counseling services at KISS. UNFPA supported sanitary napkin production unit is operational and sanitary pads are being manufactured. KISS is also sharing the operational cost including that of HR for managing these centres. It is catering the needs of adolescent girls. Thirty (30) teachers were trained on counseling skills and



techniques. In-house teacher counselors are providing counseling support to students and in case of any health issues they are referred to KISS dispensary for medical checkup. The counseling sessions by teachers is helping students in addressing myths associated with menstruation.

Promoting menstrual hygiene and Counseling services:

Trained teachers in counseling and peer educators are closely interacting with the adolescents in informal setting and helping students to overcome their problem related to sexual and reproductive health and other issues. The sanitary napkin production unit is being used for production of sanitary pads. Health attendants and lady hostel supervisors are engaged in preparation of pads. Besides, students in their leisure are also involved for manufacturing these pads.

Capacity Building training of Teacher Counselors on counseling:



A three day training programme for identified teachers was organized on from 14th to 16th Machy'2016 where 29 teachers were trained on counseling. The training was facilitated by Programme Manager, LSE. The sessions were taken by psychologist and adolescent health expert who imparted training on basics of counseling skills, stages, principles and process involved in effective

counseling and issues related to adolescent reproductive sexual health. In order to make it interactive, participatory technique (such as group discussions, role play, brain storming, case studies) were used. In addition to it mock counseling sessions were organized and on site feedback was provided by the expert. Further, different psychological tools were administered among the teachers for assessing their capacity as counselors and accordingly feedback was provided to each of them. (X III & XIV for list of participants & schedule of the training). Half

day reorientation training for f teacher counselors was organized on 23rd December'2016 to understand children issues and guide them for better counseling.

Printing of resource and communication materials:

For the reference of nodal teachers and students, Life skill education session calendar of 2016 – 2017 was printed and fixed in each classroom. The life skill education work book was adopted from Technical Support Unit (TSU), LSE, SCSTRTI and 8000 copies were printed and distributed among students of Class 6th to 9th. Besides, 300 flip books on ARSH and Substance misuse was adopted, translated and developed for reference of peer educators and teachers.

Other Activities:

Visit of UNFPA Country Representative and other UNFPA delegates:

Mr. Diego Palacios, Country Representative, UNFPA visited KISS on 15th November'2016 to witness UNFPA supported LSE porgramme at the institute. During his visit, he addressed 25,000 students and appealed to them to follow their dreams and voice for their rights especially sexual reproductive health and rights and gender equality. Mr. Palacios interacted with Dr. Achyut



Samanta, Founder and other senior officials and discussed about the UNFPA supported LSE based SRH education program.

Ms. Ingrid FitzGerald, Technical Adviser, Gender and Human Rights and Ms. Sujata Tuladhar, Technical Specialist, Violence against Women visited KISS on 21st June'2016. They had an interaction with students and teachers about the process and impact of the intervention. They also visited the UNFPA supported Sanitary Napkin Manufacturing Unit and appreciated the step in managing the menstrual hygiene of adolescent girls

Presentation of Research Papers in National Conference:

In 2015, UNFPA supported KISS in promoting research on ARSH issues. Accordingly, 15 research topics (such as issues of early marriage, HIV/AIDs, Anemia, substance misuse and reproductive health) were carried out and completed by 15 Post Graduate students of the institute (Social Work, Anthropology, Sociology, Political science and Tribal Studies stream) under the guidance of Research Advisory Committee of KISS. In the present year out of 15 research topics,



two papers by PG students of KISS selected for presentation at "National Conference on Empowering Adolescent Girls: Understanding Realities and Expanding Capabilities" organized by Rajiv Gandhi National Institute of Youth Development (RGNIYD), Chennai on 22nd and 23rd March'2016. The selected papers were "Myths, Misconceptions & Taboos as barriers of Empowerment of Adolescent Girls in the slums of Bhubaneswar" and "Issues Affecting Tribal Girls: A case study of Jashipur block in Mayurbhunj districts of Odisha". It was widely appreciated by the panel members and audience who came to attend the programme.

Pretesting of Adolescent Education Programme (AEP) questionnaire:

United Nations Population Fund (UNFPA) in partnership with UNESCO and UNICEF has planned to undertake assessment of Adolescent Education Programme (AEP)/ Life Skills Education (LSE) Programme. The pre testing of AEP questionnaires for students, teachers and headmasters was conducted at KISS on 8th and 9th February'2016. The feedback was shared with UNFPA Country office as per the prescribed format. The whole process was facilitated by SPO, UNFPA with support of Director (P&R), KISS and Project Manager, LSE, KISS.



Participation in the UN DPI / NGO conference:

The 66th United Nations Department of Public Information (DPI)/Non-Governmental Organization (NGO) Conference was held at Gyeongju, Republic of Korea from the 30th of May to 1st of June 2016 on the thematic area "Education for Global Citizenship: Achieving the Sustainable Development Goals together," Co-sponsored by the NGO/DPI Executive Committee. The conference aimed to finalize an education action agenda and mobilize the global



civil society around the Sustainable Development Goals. Four delegates from KISS participated in the conference and presented the KISS model of education including the role of Life Skill Education towards achieving the Sustainable Development Goals.

Participation in the NCERT/UNFPA Material Development Workshop:

Four students of class IX and two nodal teachers participated in the training and resource materials development workshop for upper primary classes at NCERT, New Delhi from 27th to 30th

September'2016 jointly organized by UNFPA and NCERT. Content experts and creative content developers facilitated the workshop for development of age appropriate AEP curriculum. Students and teachers contributed in sharing their experiences while transacting LSE sessions at KISS. They also shared the resource and communication materials developed at KISS on Life Skill and ARSH issues.



Selection of Peer Educator as Ashoka Youth Venturer:

In August' 2016, Shanti Murmu, peer educator of Life Skill Education Program was selected as Ashoka Youth Venturer by the Ashoka Innovators for the Public, India for her project "PARIVARTAN" which aims at promoting life skills education as a tool of addressing early marriage



of girls, their school drop-out, myths and misconception associated with menstruation and consumption of local liquor, tobacco (*gutkha* and *tambakhu*) etc in her community. For her passion & commitment to bring social change at such a young age, she was recognized as Ashoka Youth Venture. After getting selected, she will now receive support in the form of extensive mentorship and training through a structured program, and become part of

Ashoka's Global network of Social Innovators & Entrepreneurs.

Participation in Delhi Youth Dialogue:

Ms. Shanti Murmu, a peer educator of Life Skill Education program participated in the Delhi Youth Dialogue between United Nations Assistant Secretary General and UN Women's Deputy Executive Director on 10th September'2016 at New Delhi. The event was organized by UN Women and the objective was to create a platform for an intergenerational dialogue with young women and men on their leadership to achieve gender equality. Shanti presented her ideas on promoting ARSH

knowledge among adolescents and gender perspectives highlighting education of girl child and domestic violence.

Evaluation of Life Skill Education Program:

As part of UNFPA-8th Country Programme evaluation, **Ms. Shireen Jeejibhoy**, an independent national adolescent health expert and **Prof. Lakshmi Lingam**,



Professor, Tata Institute of Social Science, Mumbai visited KISS on 25th May and 18th July'2016 respectively to understand the Life Skill Education Program at KISS, its different components, advocacy efforts undertaken for scaling it up with government and further to assess its contribution in increasing access to information on gender sensitive SRH issues. They had discussions with senior officials of KISS, teachers, peers and students about the inception of Life skills education program, implementation and benefits.

Participation in Annual Parents Meet of KISS:

During December 2016, 25th annual parents meet was held where one of the stall on Life skills Education Programme was also installed. Parents were sensitized on the LSE based SRH education programme. Various resource and communication materials were displayed and peer educators explained to parents about the benefit of the program. Around 30,000 parents of tribal communities participated in the annual parents meet.



V. Conclusion:

During the year, all planned activities were carried out in timely manner. Sixty one (61) newly recruited teachers were trained on LSE-SRH for building their understanding about the program and orienting them on transacting classroom sessions. 93 KISS teachers were reoriented on ARSH issues for understanding and resolving their challenges or any specific issues while transaction sessions in classes. 127 and 64 peer educators at school and college level respectively were selected and trained to promote LSE-SRH in formal and informal settings. Refresher training on ARSH issues for 66 peer educators was organized for better understanding and clarifying their doubts. Around 8,600 students were directly reached out through transaction of LSE sessions in classroom set up. 3500 rural adolescents were reached out through the community awareness program by peer educators during summer vacation. Sanitary napkin production units are fully operational with regular staff deployed by the institute.

Further, students benefitted in managing their problems through counseling sessions by teacher's trained in counselling. Capacity building of 30 teacher as counselors was developed in a three days training program on counseling skills and techniques. Need based Resource and communication materials were developed and adopted for use of peer educators and teachers.

In the coming years, effort will be made to institutionalize the program in KISS. Classroom transaction at school level and Peer Education activities at college level will be strengthened. One of the challenges is to document the influence of life skills education programme on students who have passed out from the institute and also to compare the behavior change especially in context of SRH in students studying at KISS and their counterparts residing in remote tribal villages. The same will be attempted in 2017.

Annexure:

- I. Physical and Financial Progress for the year
- II. List of teacher trained on Life Skills and ARSH issues
- III. Schedule of Induction training of newly recruited teachers
- IV. Schedule of Reorientation of Teachers on SRH
- V. List of teachers reoriented on SRH
- VI. Schedule of Induction Training of School level PE
- VII. List of school level peer educators trained on Life Skills and ARSH issues
- VIII. Schedule of Induction Training of College level PE
- IX. List of College level peer educators trained on Life Skills and ARSH issues
- X. Schedule of refresher training of Peer Educators
- XI. List of college level peer educators trained on ARSH issues in the refresher training
- XII. Community Awareness Plan of Peer Educators
- XIII. List of Teacher counselors trained on counseling
- XIV. Schedule of Capacity building Training of teacher counselor
- XV. Photo Gallery

Annexure – I

	PHYSICAL AND FINANCIAL PROGRESS OF THE YEAR - 2016						
SI. No	Activity (As per WP)	Budget (As per WP)	Revised Budget (if any)	Expenditure for the year	Status of Activity: Completed, Not Completed, Going on	Balance with IP	Remarks (if any)
1	Training of newly inducted teachers in KISS on LSE- SRH	62,000	No	62,000	Completed	Nil	Diversion of Rs, 61 to Budget Head 1.4
2	Reorientation of 90 teachers on LSE-SRH at KISS for 3 days	93,000	No	93,000	Completed	Nil	
3	Selection and training of Peer Educators at school level	602,000	No	602,000	Completed	Nil	Diversion of Rs, 93,237/- to Budget Head 1.4
4	Selection and training of Peer Educators at College level	301,000	No	300,942	Completed	58	Besides two batches of Induction training, one day reorientation training was organized for PEs
5	Refresher Training of existing Peer Educators on ARSH issues	115,000	No	115,000	Completed	Nil	
6	Community level awareness through Peer educators	275,000	No	275,000	Completed	Nil	

7	Promoting menstrual hygiene and Counseling services	180,000	No	179,555	Completed	445.00	
8	Capacity building training of teacher counselors on counseling	36,500	No	37,025	Completed	(525.00)	Besides, induction training, half day refresher training was organized.
9	Printing of resource and communication materials	150,000	No	149,561	Completed	1039.00	

Annexure – II

Participants List in the Induction Training of Teach			
SI. No	Name of the Teacher	Sex	
1	Minati Nayak	F	
2	Azit Kumar Dash	M	
3	Bichitra Kumar Behera	М	
4	Jhunubala Khuntia	F	
5	Kamala Jena	F	
6	Snehalata Sahu	F	
7	Aditya Sahoo	М	
8	Ajaya Kumar Lenka	М	
9	Anjan Kumar Rout	М	
10	Aradhana Das	F	
11	Biswajit Sasmal	М	
12	Dillip Kumar Palai	М	
13	Krishna Chandra Sahoo	M	
14	LaxmidharaBehera	М	
15	Lipika Behura	F	
16	Nalinikanta Sahoo	M	
17	Pradeep Kumar Satapathy	M	
18	Prasanta Kumar Rout	M	
19	Rabindra Kumar Nayak	M	
20	Ranjita Mohapatra	M	
21	Sagarika Sahoo (A)	F	
22	Sagarika Sahoo (B)	F	
23	Santosh Kumar Pradhan	M	
24	Sujata Priyadarsini	F	
25	Sujata Sasmal	F	
26	Sangram Keshari Jena	F	
27	Niharika Mohanty		
28	Diptimayee Nanda	F	
29	Suvra Das	F	
30	Guddi Saktinanda	F	
31	Sushree Roopanweta Giri	F	
32	Saismita Swain	F	
33	Ree Mishra	F	
34	Swapnasri Pattaniak	F	
35	Rajkishore Mohana	M	
36	Sarat Kumar Padhiary	M	
37	Sudipta Dash	M	
38	Sthipragnya Das	F	
39	Priyadarshini Muni	F	
40	Pragnya Elina Samantary	F	
41	Bikram Kumar Bastia	М	

42	Rajeeb Lochan Mishra	М
43	Sasank Prusty	М
44	Prakash Kumar Moharana	M
45	Ananya Das	F
46	Arpita Mohanty	F
47	Barsha Mohanty	F
48	Anujatapaswini Swain	F
49	Ganeswar Mohapatra	M
50	Diptimayee Das	F
51	Swagatika Dash	F
52	Samir Das	M
53	Gagan Bihari Tripathy	М
54	Himadri Sethi	F
55	Madhusmita Pani	F
56	Sujata Baliarsingh	F
57	SwetapadmaSitha	F
58	Bibhuprasad Rath	M
59	Srikanta Das	M
60	Tarakanta Behera	M
61	Subhasree Behera	F

Annexure – III

	Kalinga Institute of Social Science UNFPA Supported Life Skills Base	•				
Training of Newly inducted Teachers on LSE & ARSH issues						
Session Contents Time Methodology						
	Day 1					
	Registration	9.30 am				
Session 1	Inauguration	10.00 am -10.30am				
	Pre Test	10.30 am - 10.45 am	Self Administered			
	Setting Ground Rules and Expectation sharing by participants	10.45am - 11.00 am	Participatory			
	Ice breaking & Self introduction	11.00 am - 11.15am	Self Introduction			
	Tea Brea	ak				
Session 2	Life Skills Approach : A Means for SRH Education for adolescents	11.30 am - 1.30 pm	Lecture Participatory			
	Lunch Brea	k (1.30 to 2.15pm)				
Session 3	Adolescence - A transition Period	2.15 pm -3.00pm	Group work			
Session 4	Nutritional need for adolescents	3.00pm - 4.00pm	PPT/Role play/Game			
	Tea Brea	ak	1			
Session 5	Healthy practices & Personal hygiene	4.15 pm - 5.30 pm	PPT/Game/ Role play			
	Day 1I					
	Recap	9.30 am - 10.00 am				

Session 6	Menstruation: Its Process and myths associated in it	10.00 am - 11.30 am	PPT/Participatory
	Tea Brea	ak	
Session 7	Reproductive health: Conception & Contraception	11.45 am - 1.30 pm	PPT /Participatory
	Lunch Brea	k (1.30 to 2.30pm)	
Session 8	Reproductive health: Causes. Symptoms and Prevention of RTI/STI	2.030 am - 4.00 pm	PPT / Role Play
Session 9	HIV/AIDs: Mode of transmission and Management	4.00 pm - 5.30 pm	PPT/ Group Work
	Day III		
	Recap	9.30 am - 10.00 am	
Session 10	Social Issues on Health: Age at Marriage and Teen age pregnancy	10.00 am - 12.00 pm	GD/ Role play
	Tea Brea	ak	
Session 11	Sexual & Reproductive Health Rights of young people	12.15 pm -1.30 pm	PPT/Participatory
	Lunch Brea	k (1.30 to 2.30pm)	
Session 12	Handling and staying away from Sexual Harassment -Handling Peer Pressure and Substance Misuse	2.30pm - 3.30 pm	PPT/Participatory
Session 12	Gender & Equality	3.30 pm - 4.45pm	PPT/ Participatory
	Post Test	4.45pm - 5.00 pm	Self Administered
	Valediction (5.00 پر	om - 5.30pm)	

Annexure – IV

	List of Teachers Reoriented on LSE & ARSH					
SI. No	Name of the Teacher	Sex	School/College			
1	Ms.Namita Maharana	F	School			
2	Mr.Amulyaranjan Sahoo	М	School			
3	Ms.Minati Rana	F	School			
4	Mr.Bikash Das	М	School			
5	Ms.Minakhi Sethy	F	School			
6	Ms.Pravati Mohanta	F	School			
7	Ms.Jyotipranja Nayak	F	School			
8	Ms.Ranjita Mohanty	F	School			
9	Ms.Sanghamitra Devi	F	School			
10	Ms.Tilottama Batu	F	School			
11	Ms.Gita Das	F	School			
12	Ms.Chinmayee Sahoo	F	School			
13	Mr.Satyapriya Rout	М	School			
14	Ms.Sarita Parida	F	School			
15	Ms.Minati Jena	F	School			
16	Ms.Sangita Das	F	School			

17	Ms.Smita Jayasingh	F	School
18	Ms.Ambika Behera	F	School
19	Ms.Sasmita Bastia	F	School
20	Ms.Diptimayee Behera	F	School
21	Mr.Madhusudan Panda	М	School
22	Mr.Pabitra Mohan Pati	M	School
23	Ms.Itishree Patra	F	School
24	Mr.Srinibas Mallick	M	School
25	Ms.Babita Sahoo	F	School
26	Mr.Umakanta Das	M	School
27	Mr.Dharidhar Mallick	M	School
28	Ms.Bishnupriya Nayak	F	
29	Ms.Sriprava Devi	F	School
30	Mr.Bidyadhar Guin		School
31	Ms.Smrutimayee Mishra	M _	School
32	Ms.Sandhyarani Hotta	F	School
33	Ms.Rajshree Priyadarshini Singh	F	School
34	Ms.Bhagyashree Adhikari	F	School
35	Ms.Sagarika Praharaj	F F	School
36	Ms.Sonali Subhasree Swain	F	School School
37	Ms.Puspamala Mangaraj	F	School
38	Mr.Ashok Kumar Parida	M	School
39	Ms.Bijoyeene Pataniak	F	School
40	Ms.Sasmita Parida	F F	School
41	Ms.Rashmita Pradhan	F	School
42	Ms.Jayashree Mishra	F	School
43	Ms.Bijayalaxmi Panda	F	School
44	Ms.Saumyasmita Mangaraj	F	School
45	Ms.Indira Subudhi	F	School
46	Ms.Nibedita Mohapatra	F	School
47	Ms.Anupama Rout	F	School
48	Ms.Smrutimayee Jena	F	School
49	Ms.Itishree Nayak	F	School
50	Mr.Isaw Chandra Pradhan	M	School
51	Mr.Ranjit Nayak	М	School
52	Ms.Bharati Das	F	School
53	Mr.Pradamnya Panda	M	School
54	Mr. Prakash Ku. Behera	M	School
55 56	Ms.Rashmilata Padhi	F	School
57	Mr.Rasananda Nayak	M	School
57 58	Ms.Damayanti Tiwari	F	School
59	Mr.Suresh Pradhan Mr.Pradip Kumar Dash	M M	School School
60	Mr.Deptiranjan Dash	M	School
61	Ms.Rashmirekha Nayak	F	School

62	Ms.Snehalata Mangaraj	F	School
63	Ms.Pravarani Tripathy	F	School
64	Ms.Truptiprava Jena	F	School
65	Ms.Mamata Rout	F	School
66	Ms.Usharani Biswal	F	School
67	Mr.Jagruti Samal	М	School
68	Ms.Saudamini Pradhan	F	School
69	Ms.Rajshree Nayak	F	School
70	Ms.Malabika Pattaniak	F	School
71	Ms.Rosalin Sutar	F	School
72	Ms.Bhagyashree Das	F	School
73	Ms.Sunetri Routary	F	School
74	Ms.Baisali Sahoo	F	School
75	Ms.Sasmita Patra	F	School
76	Stitipragna Das	F	College
77	Priyadarshini Muni	F	College
78	Sudipta Das	F	College
79	Ree Mishra	М	College
80	Sashanka Prusty	F	College
81	Lusi Priyadarshini Nayak	М	College
82	Babita Das	F	College
83	Lucina Priyadarshini	F	College
84	Saismita Swain	F	College
85	Yashosini Mishra	F	College
86	Arpita Mohanty	F	College
87	Pramodini Jena	F	College
88	Rupnita Giri	F	College
89	Mahat Satapathy	F	College
90	Soma Kalia	М	College
91	Mitali Sahoo	F	College
92	Sangita Parida	F	College
93	Maitri Padhi	F	College

Annexure – V

	Kalinga Institute of Social Sciences (KISS), Bhubaneswar UNFPA Supported Life Skills Based SRH Education Program Reorientation of Teachers in KISS on LSE & ARSH								
Session	Session Contents Time Methodology Facilitator								
	Day 1								
	Registration	9.30 am							
Session 1	Inauguration	10.00 am -10.30am		Mr.Sabyasachi Rout					
	Pre Test	10.30 am - 10.45 am	Self Administered	Ms.Maitri Padhi					
	Setting Ground Rules and Expectation sharing by participants	10.45am - 11.00 am	Participatory	Ms.Sangita Parida					

	Ice breaking & Self introduction	11.00 am - 11.15am	Self Introduction	Ms.Sangita Parida
	Tea Bre	ak		
Session 2	Understanding the gap in session transaction in the last academic session	11.30 am - 12.30pm	Participatory	Mr.Sabyasachi Rout
Session 3	Life Skills Approach : A Means for SRH Education for adolescents	12.30 pm - 1.30 pm	Lecture Participatory	Ms.Maitri Padhi
	Lunch Break	(1.30 to 2.15pm)		
Session 4	Adolescence - A transition Period	2.15 pm -3.00pm	Group work	Ms.Sangita Parida
Session 5	Food Habit and its impact on health	3.00pm - 4.00pm	PPT/Participatory	Ms.Maitri Padhi
	Tea Bre	ak		
Session 6	Importance of hygiene and sanitation	4.15 pm - 5.30 pm	PPT/Game/ Role play	Ms.Maitri Padhi
		Day 1I		
	Recap	9.30 am - 10.00 am		Ms.Maitri Padhi
Session 7	Menstruation: Its Process and myths associated in it	10.00 am - 11.30 am	PPT/Participatory	Ms.Sangita Parida
	Tea Bre	eak		
Session 8	Masturbation : Is it Normal	11.45 am - 12.30	PPT/Participatory	Mr.Sabyasachi Rout
Session 9	Reproductive health: Conception & Contraception	12.30 pm - 1.30 pm	PPT /Participatory	Ms.Sangita Parida
	Lunch Break	(1.30 to 2.30pm)		
	Contraception	2.30 pm - 3.30 pm	PPT /Participatory	Ms.Sangita Parida
Session 10	Reproductive health: Causes. Symptoms and Prevention of RTI/STI	3.30 am - 5.30 pm	PPT / Role Play	Ms.Maitri Padhi
		Day III		
	Recap	9.30 am - 10.00 am		Ms.Maitri Padhi
Session 11	HIV/AIDs: Mode of transmission and Management	10.00 am - 11.00 am	PPT/ Game/Quiz	Ms.Maitri Padhi
	Tea Bre	eak		
Session 12	Social Issues on Health: Age at Marriage and Teen age pregnancy	11.15 am - 12.15 pm	GD/ Role play	Ms.Sangita Parida
Session 13	Child Rights and Laws related to it	12.15 pm -1.30 pm	Participatory	Mr.Sabyasachi Rout
	Lunch Break	(1.30 to 2.30pm)		
Session 14	Sexual & Reproductive Health Rights of young people	2.30pm - 3.30 pm	PPT/Participatory	Mr.Sabyasachi Rout
17		3.30 pm - 4.45 pm	PPT/Participatory	Ms.Sangita Parida
Session 15	Handling and staying away from Sexual Harassment -Handling Peer Pressure and Substance Misuse	3.50 pm 4.40 pm		
Session	Sexual Harassment -Handling Peer Pressure and	4.45pm - 5.00 pm	Self Administered	Ms.Maitri Padhi

Annexure – VI

	Kalinga Institute of Social Sciences(KISS)		
	SUPPORTED LIFE SKILLS BASED SRH EDUCATION P		
Program Schedu	ule for Training of School level Peer Educator on Life	Skills and ARSH	
Time	Day 1 Topic	Methodology	
9.00 am - 9 .30 am	Registration	Individual	
9.30 am - 9.45am	Inauguration	mulviduai	
9.45 am - 10.15 am	Getting to Know each other Expectation sharing Establishing ground rules Decide on Day Rapporteirs	Lecture/ Participatory	
10.15 am - 10.30 am	Administration of Pre Test	Individual	
10.30 am - 11.00 am	Session -1 : - Overview of the Program in KISS - Objective of the training	Lecture/ Participatory	
11.00am - 12.00 Pm	Session -2: Why Peer Education What is Peer Education and Its Importance - Who is Peer Educator? - Roles and Responsibilities	PPT/Participatory	
12.00 - 12. 15 pm	Sanitation Break		
12.15pm - 12.30pm	Energizer	Game	
12.30 pm- 1.30pm	Session 3 : Understanding Adolescents	PPT	
1.30 pm - 2.30 pm	0 pm - 2.30 pm Lunch		
2.30 pm - 3.30 pm	Session 4: Understanding of Life Skills Skills and life skillsNeed of Life SkillsIntroduction of 10 core skills	PPT & Game	
3.30 pm - 3. 45 pm	Energizer	Game	
3.45 pm- 5.00pm	Session 5: Self AwarenessRecognizing self To look with in	Self Analysis & Collage Making	
5.00 pm - 5. 30 pm	Debriefing		
8.00pm - 9.00 pm	Dinner		
· · · · · · · · · · · · · · · · · · ·	Day 2		
8.30 am - 9.00am	Breakfast		
9.30- 10.00 am	Recap	Group Presentation	
10.00 am - 11.00 am	Session 6: Empathy Sensitivity towards others Empathy Vs Sympathy & Apathy	Role Play	
11.00 am - 1.00 pm	Session 7: Effective Communication and Interpersonal Relationships Types and Styles of Communication Expressing Views Be AssertiveDeveloping and Maintaining Relationships	Picture Analysis & Game	
1.00 pm- 2.00pm	Lunch	•	
	1		

2.00 pm- 5.00pm	Session 8: Critical thinking and Creative thinking Analyzing Information objectively Think differently	PPT & Role Play	
5.00 pm - 5. 30 pm	Debriefing	Lecture	
8.00 am - 9.00 am	Dinner		
	Day 3		
8.30 am - 9.00am	Breakfast		
9.30 am - 10.00am	Recap	Question – Answer	
10.00 am - 12.00 am	Session 9: Problem Solving and Decision Making Deciding on Choices Problem Solving Methods(POWER)	Group Discussion & Case Study Analysis	
12.00 pm - 1. 30 pm	Session 10: Coping with Stress and Coping with Emotion Understanding Emotions Regulating emotions Way of Coping with Stress and Emotions	Demonstration, PPT & Stress Management Techniques	
1.30 pm - 2.30 pm	Lunch		
2.30 pm - 3.30pm	Session 11: -Understanding the concept ARSH - ARSH issues	PPT & Lecture	
3.30pm - 5.00pm	Session -12: - Process of Growing up - Changes during adolescence	Group Work	
5.00pm - 5.30 pm	Debriefing and Take Room task	Lecture	
3.00pm - 9.00 pm Dinner			
	Day 4		
8.30 am - 9.00am	Breakfast		
9.30 am - 10.00 am	Recap	Quiz	
10.00 am - 11.30am	Session - 13 Menstruation and related myths and Misconception	Lecture and Participatory	
11.30 am - 11.45am	Energizer		
11.45 am -1.30 pm	Session -14: Conception and Contraception	PPT & Participatory	
1.30 pm -2.30 pm	Lunch		
2.30 pm - 4.30 pm	Session - 15: RTI/STI and HIV/AIDs	PPT & Participatory, Role Play , Quiz	
4.30pm - 5.15pm	Session- 16 : Handling Peer Pressure and Substance misuse	PPT & Role Play	
5. 15 pm - 5. 30 pm	Debriefing		
8.00pm - 9.00 pm	Dinner		
	Day 5		
8.30 am - 9.00am	8.30 am - 9.00am Breakfast		
9.30 am - 10.00am	Recap	News Reporting	
10.00 am - 11.00 am	Gender Equality	PPT	
11.00 am - 12.00 pm	Session - 17: Sexual Harassment and POCSO Act		
12.00 pm - 1.30 pm	Session - 18 : Orientation on JJAct/ PCPNDT Act/MTP Act/ DV Act	PPT	
1.30 pm - 2.30 pm	Lunch		

230 pm - 3.30pm	Session -19: What is counseling? Types of Counseling? Peer Counseling	Lecture & PPT
3. 30 pm - 4.00 pm	Session - 20: Orientation on Resource and Communication Materials	Demonstration
4.00 pm - 4. 45 pm	Preparing action Plan	Group work
4. 45 pm - 5. 15pm	Presentation of action plan	Group
5.15 pm - 5. 30 pm	Administration of Post Test	Individual
5.30 pm- 6. 00 pm	Valedictory Session	

Annexure - VII

	Kalinga Institute of Social Sciences(KISS)				
	UNFPA Supported Life Skill Based SRH Education Program				
	List of Students for Peer I	Educators in Class VI	II		
SI. No	Name	Sex	Section		
1	Basudev Mallick	М	Α		
2	Paramani Soren	F	Α		
3	Phulamani Soren	F	В		
4	Hambir Murmu	M			
5	Binapani Majhi	F	С		
6	Choudhuray Kanhar	M	<u> </u>		
7	Debendra Majhi	M	D		
8	Koel Soren	F	D		
9	Abinash Singh	М	E		
10	Bhamamai Hembrum	F	E		
11	Sudanta Mallick	М	F		
12	Jyostnarani Singh	F	Г		
13	Badri Sabar	М	G		
14	Milita Majhi	F	G		
15	Makar Jhodia	М	Н		
16	Priyanka Dehury	F	П		
17	Jamuna Kalka	F	1		
18	Litu Kadraka	М	ı		
19	Gajendra Jhodia	M	J		
20	Basumati Kanhar	F	J		
21	Dillip Majhi	M	K		
22	Santoshi Jhodia	F	r\		
23	Sonu Singh	M	L		
24	Sebika Majhi	F	L		
25	Pranati Majhi	F	М		
26	Muralidhar Mandngi	M	IVI		
27	Ashok Bhuyan	М	N		

28	Sangita Padiami	F	
29	Champa Tiaka	F	0
30	Ramesh Golpenda	M	
31	Phulanga Jani	M	Р
32	Jhunita Tuika	F	
33	Charan Saunta	M	Q
34	Rashmita Sasmal	F	
35	Sadhuram Khilo	M	R
36	Sita Hembrum	F	
37	Diptimanjari Dungdung	F	S
38	Himansu Sekhar Dehury	М	
39	Linkun Nayak	М	Т
40	Krishnarani Biswal	F	ı
41	Rashmi Sing	F	U
42	Ram Hansadh	М	U
43	Sasmita Priyadarshini Majhi	F	V
44	Sauna Soren	М	V
45	Sujata Murmu	F	W
46	Dharmendra Praska	М	VV
47	Gyanaranjan Nayak	М	X
48	Balema Munda	F	^
49	Pramod Mandal	М	Y
50	Jema Majhi	F	I
51	Sukra Raspeda	М	Z
52	Rina Dhangad	F	2
53	Tulasiprasad Majhi	М	ZA
54	Anuradha Singh	F	ZB
55	Gouri Badaraita	F	ZC
56	Lima Naik	F	ZD
57	Madhusmita Marandi	F	ZE
58	Kalia Singh	М	ZF
59	Muna Majhi	М	ZG
60	Dillip Majhi	М	ZH
61	Snehalata Mandangi	F	ZI
62	Siranji Himirka	М	ZJ
63	Jhimiri Krisani	F	ZK

	List of Students for Peer Educators in Class IX			
SI. No	Name	Sex	Section	
1	Anisha Leyang	F	A	
2	Ajaya Jhodia	M	^	
3	Jasmini Karje	F	В	
4	Sachin Tamsai Munda	M	В	
5	Mayabati Murmu	F	С	
6	Maheswar Besra	M	C	
7	Jagar Baulapalia	M	D	

8	Anjali Nayak	F	
9	Sanjay Gamango	М	E
10	Dhanalaxmi Sujrit	F	
11	Sanatan Majhi	M	F
12	Mithila Majhi	F	1
13	Bachan Dalabeherea	M	G
14	Rinki Mallick	F	9
15	Muchiram Marandi	М	Н
16	Anuradha Pradhan	F	11
17	Jhunabati Lakra	F	ı
18	DibakarJani	M	ı
19	Pabitra Majhi	М	J
20	Sima Tirkey	F	J
21	Kuni Patra	F	K
22	Nivedan Pradhan	М	r.
23	Dhanamati Paraja	F	L
24	Birendra Ho	М	L
25	Malati Mahapatra	F	М
26	Laiban Majhi	М	IVI
27	Damburdhar Singh	М	N
28	Priyanka Kujur	F	IN
29	Champa Murmu	F	0
30	Raju Murmu	М	O
31	Papu Kishan	М	Р
32	Durgi Hansdah	F	Г
33	Udhab Munda	М	0
34	Babita Hepruka	F	Q
35	Bidyadhar Tudu	М	D
36	Anita Bada	F	R
37	Dinesh Kumar Sardar	М	S
38	Sanjana Mutha Majhi	F	S
39	Mangal Nayak	М	Т
40	Sunandini Benia	F	ı
41	Mamata Murmu	F	U
42	Pandu Birua	М	U
43	Sambara Murmu	М	V
44	Padimini Sabar	F	V
45	Siba Tudu	М	W
46	Nirupama Nayak	F	VV
47	Deepa Naik	F	V
48	Tarini Biswal	М	Х
49	Prem Kumar Raika	М	V
50	Sarojini Murmu	F	Υ
51	Deepu Kumar Marandi	М	Z
52	Jyajnasini Chatar	F	۷
53	Manoj Singh	М	7.4
54	Jayalaxmi Mallick	F	ZA

55	Sambari Chalan	F	ZB	
56	Pramod Singh	M	20	
57	Tuni Mallick	F	ZC	
58	Tofan Singh	M	20	
59	Adikunta Mallik	M	ZD.	
60	Fulamani Hembrum	F	20	
61	Bhagirathi Oram	M	<i>7</i> E	
62	Prangyanjali Badamundi	F	ZL	
63	Bhumisuta Majhi	F	ZF	
64	Purohit Biswal	M	4 F	

Annexure - VIII

	Kalinga Institute of Social Sciences(KIS	•			
UNFPA SUPPORTED LIFE SKILLS BASED SRH EDUCATION PROGRAM					
Program Schedule for Training of College level Peer Educator on Life Skills and ARSH					
Time	Day 1 Time Topic Methodology				
9.00 am - 9 .30 am	Registration	Individual			
9.30 am- 9.45am	Inauguration	marvada			
9.45 am - 10.15 am	Getting to Know each other Expectation sharing Establishing ground rules Decide on Day Rapporteirs	Lecture/ Participatory			
10.15 am - 10.30 am	Administration of Pre Test	Individual			
10.30 am - 11.00 am	Session -1 : - Overview of the LSE Program in KISS - Objective of the training	Lecture/ Participatory			
11.00am - 12.00 Pm	Session -2: Why Peer Education What is Peer Education and Its Importance - Who is Peer Educator? - Roles and Responsibilities	PPT/Participatory			
12.00 pm - 12. 15 pm	Sanitation Br	eak			
12.15pm - 12.30pm	Energizer	Game			
12.30 pm- 1.30pm	Session 3 : Understanding Adolescents	PPT			
1.30 pm - 2.30 pm	Lunch				
2.30 pm - 3.30 pm	Session 4: Understanding of Life Skills Skills and life skillsNeed of Life SkillsIntroduction of 10 core skills	PPT & Game			
3.30 pm - 3. 45 pm	Energizer	Game			
3.45 pm- 5.00pm	Session 5: Self AwarenessRecognizing self To look with in	Self Analysis & Collage Making			
5.00 pm - 5. 30 pm	Debriefing	3			
8.00pm - 9.00 pm	Dinner				
	Day 2				
8.30 am - 9.00am	Breakfasi	t			

9.30- 10.00 am	Recap	Group Presentation		
10.00 am - 11.00 am	Session 6: Empathy Sensitivity towards others Empathy Vs Sympathy & Apathy	Role Play		
11.00 am - 1.00 pm	Session 7: Effective Communication and Interpersonal Relationships Types and Styles of Communication Expressing Views Be AssertiveDeveloping and Maintaining Relationships	Picture Analysis & Game		
1.00 pm- 2.00pm	Lunch	•		
2.00 pm- 5.00pm	Session 8: Critical thinking and Creative thinking Analyzing Information objectively Think differently	PPT & Role Play		
5.00 pm - 5. 30 pm	Debriefing	Lecture		
8.00 am - 9.00 am	Dinner			
	Day 3			
8.30 am - 9.00am	Breakfast			
9.30 am - 10.00am	Recap	Question - Answer		
10.00 am - 12.00 am	Session 9: Problem Solving and Decision Making Deciding on Choices Problem Solving Methods(POWER) & 3C	Group Discussion & Case Study Analysis		
12.00 pm - 1. 30 pm	Session 10: Coping with Stress and Coping with Emotion Understanding Emotions Regulating emotions Way of Coping with Stress and Emotions	Demonstration, PPT & Stress Management Techniques		
1.30 pm - 2.30 pm	Lunch			
2.30 pm - 3.30pm	Session 11: -Understanding the concept ARSH - ARSH issues	PPT & Lecture		
3.30pm - 5.00pm	Session -12: - Process of Growing up - Changes during adolescence	Group Work		
5.00pm - 5.30 pm	Debriefing and Take Room task	Lecture		
8.00pm - 9.00 pm	Dinner			
	Day 4			
8.30 am - 9.00am	Breakfast			
9.30 am - 10.00 am	Recap	Quiz		
10.00 am - 11.30am	Menstruation and its Process as well as related myths and Misconception	Lecture and Participatory		
11.30 am - 11.45am	Energizer			
11.45 am -1.30 pm	Session -14: Conception and Contraception	PPT & Participatory		
1.30 pm -2.30 pm	Lunch			
2.30 pm - 4.30 pm	Session - 15: RTI/STI and HIV/AIDs	PPT & Participatory, Role Play , Quiz		
4.30pm - 5.15pm	Session- 16 : Handling Peer Pressure and Substance misuse	PPT & Role Play		
5. 15 pm - 5. 30 pm	Debriefing			
8.00pm - 9.00 pm	Dinner			
	Day 5			
8.30 am - 9.00am	Breakfast			

9.30 am - 10.00am	Recap	News Reporting
10.00 am - 11.00 am	Gender Equality	PPT
11.00 am - 12.00 pm	Session - 17: Sexual Harassment and POCSO Act	
12.00 pm - 1.30 pm	Session - 18 : Orientation on JJAct/ PCPNDT Act/MTP Act/ DV Act	PPT
1.30 pm - 2.30 pm	Lunch	
230 pm - 3.30pm	Session -19: What is counseling? Types of Counseling? Peer Counseling	Lecture & PPT
3. 30 pm - 4.00 pm	Session - 20: Orientation on Resource and Communication Materials	Demonstration
4.00 pm - 5.00 pm	Preparing and Presentation of Action Plan	Group work
5.00 pm - 5. 15 pm	Administration of Post Test	Individual
5.15 pm- 5.45 pm	Valedictory Session	

Annexure - IX

	Kalinga Institute of S					
	UNFPA Supported life Skill B					
Selected List of Peer Educator - 2016						
SI. No	Name	Sex	Stream			
1	Rashmika Toppo	F				
2	Sadhana Pradhan	F				
3	Rajani Padhan	F				
4	Sarita Mandal	F				
5	Jyoshna Naik	F				
6	Namita Prepaka	F				
7	Drapudi Sabar	F				
8	Deepika Mallick	F				
9	Narmata Munda	F				
10	Gomati Bhatra	F				
11	Rasmita Sabar	F				
12	Karina Purty	F				
13	Kaikei Pradhan	F	Arts			
14	Malati Sisa	F	Alts			
15	Mamata Sabar	F				
16	Karshima Naik	F				
17	Pramoda Pradhan	F				
18	Gitanjali Marandi	F				
19	Gomati Bhatra	F				
20	Kunibai Gond	F				
21	Subash Nandibadi	M				
22	Upendra Majhi	M				
23	Bishnu Charan Mallick	M				
24	Santharam Majhi	М				
25	Manas Ranjan Nayak	M				
26	Bhaskar Majhi	M				

27	Ghanasyam Naik	М	
28	Gulu Soren	М	
29	Daman Hansadah	М	
30	Subash Krisani	М	
31	Anjan Dharua	М	
32	Brajeswari Majhi	F	
33	Mohini Raita	F	
34	Dharitri Naik	F	
35	Anjali Kanhar	F	
36	August Tudu	М	
37	Bijay Golpeda	M	
38	Anita Karjee	F	
39	Thomas Majhi	M	Commerce
40	Menaka Kumari Ekka	F	
41	Kisun Besra	M	
42	Hindu Hembrum	M	
43	Rajendra Kumar Oram	M	
44	Surathi Pradhan	F	
45	Rabi Majhi	М	
46	Udhab Dehury	M	
47	Preti Beck	F	
48	Sunita Kerketta	F	
49	Narmada Pradhan	F	
50	Swarnalata Pradhan	F	
51	Basanti Munda	F	
52	Bidyadhar Majhi	M	
53	Serali Hembrum	F	
54	Tulsa Pujari	F	
55	Chitaranjan Gond	M	Science
56	Kuntima Minieka	F	Science
57	Jhilli Pradhan	F	
58	Elina Pradhan	F	
59	Indramani Majhi	F	
60	Lilima Dharua	F	
61	Dileswari Bariha	F	
62	Mitanjali Juanga	F	
63	Meleka Indira	F	
64	Yogita Sabar	F	

Annexure – X

Kalinga Institute of Social Sciences (KISS), Bhubaneswar

UNFPA Supported Life Skills Based SRH Education Program Refresher Training of Peer Educators on ARSH issues from 22nd to 27th August'2016

Ref	resher Training of Peer Educators on ARSH	l issues from 22nd to 2	J
Session	Contents	Time	Methodology
	Day 1		
	Registration	9.30 am	
Session 1	Inauguration	10.00 am -10.30am	
	Pre Test	10.30 am - 10.40 am	Self Administered
	Setting Ground Rules and Expectation sharing by participants	10.40am - 11.00 am	Participatory
	Ice breaking	11.00 am - 11.15am	Self Introduction
	Sanitation E	Break	
Session 2	Life Skills Approach : A Means for SRH	11.30 pm - 12.30 pm	Role Play/Group
	Education for adolescents		Exercise
Session 3	Adolescence - A transition Period	12.30 pm -1.30pm	Group work
	Lunch Brea	k (1.30 to 2.30pm)	
Session 4	Significance of Nutrition during adolescence	2.30 pm - 3.30 pm	Participatory
Session 4	Importance of hygiene and sanitation	3.30 pm - 4.30 pm	PPT/Game/ Role play
Session 5	Menstruation Process and myths associated in it	4.30 pm - 5.30 pm	PPT/Participatory
	Day 1I		
	Recap	9.30 am - 10.00 am	
	Tea Brea	ak	
Session 6	Reproductive health: Conception & Contraception	10.00 am - 11. 30 am	PPT /Participatory
	Sanit	ation Break	
Session 7	Reproductive health: Causes. Symptoms and Prevention of RTI/STI	11.45 am - 1.30 pm	PPT / Role Play
	Lunch Brea	k (1.30 to 2.30pm)	
Session 8	HIV/AIDs: Mode of transmission and Management	2.30 pm - 3.30 pm	PPT/ Group Work
Session 9	Social Issues on Health: Age at Marriage and Teen age pregnancy	3.30 pm - 4. 30 pm	GD/ Role play
Session 10	JJ Act (Care and Protection)	4.30 pm - 5. 30 pm	PPT
	Day III	·	
	Recap	9.30 am - 10.00 am	
Session 11	Different Acts and legislations : PCPNDT Act	10.00 am - 11.30 pm	PPT/ Participatory
	Sanit	ation Break	.1
Session 12	Medical Termination of Pregnancy (MTP	11.45 am - 12. 45 pm	PPT/
) Act 1971		Participatory

	Lunch Break (1.45 to 2.30pm)					
Session 14	Prevention of Sexual Offence against Children (Pocso) Act	2.30pm - 3.30 pm	PPT/ Participatory			
Session 15	Developing action plan and Presentation	3.30 pm - 4.45pm	Group work			
	Post Test	4.45pm - 5.00 pm	Self Administered			
	Valediction (5.00 pm - 5.30pm)					

Annexure – XI

	UNFPA Supported Life Skill Based SRH Education Program List of Peer Educators in the Refresher Training						
SI.No	Name of the Student	Sex	Stream	Date of Training			
1	Ms.Sabita Munda	F		3			
2	Ms.Sanju Ekka	F					
3	Ms.Sabitri Kanhar	F					
4	Ms.Mamata Mallik	F					
5	Ms.Rashmirekha Naik	F					
6	Ms.Minati Naik	F					
7	Ms. Sambari Keria	F	BA 2nd Year				
8	Mr.Ghan Jani	М					
9	Ms.Sagarika Mallick	F					
10	Ms.Manoroma Naik	F					
11	Mr.Sahu Patmajhi	М					
12	Mr.Jaisankar Praska	М					
13	Mr.Nibas Negi	М					
14	Mr. Hemanta Mallik	М					
15	Mr.Manas Kumar Bhuyan	М					
16	Ms.Malati Soren	F		22nd to 24th and 25 th to 27 th August'2016			
17	Ms.Kausalya Majhi	F					
18	Ms.Randay Kaluendi	F					
19	Ms.Manikya Naik	F					
20	Ms.Subhashree Badnaik	F	BSc 2nd Year				
21	Ms.Sujata Guntha	F	BSC 2110 Teal				
22	Ms.Sarika Pradhan	F					
23	Ms.Binati Bagh	F					
24	Ms.Alisa Toppo	F					
25	Mr.Mukteswar Wadeka	М					
26	Ms.Laxmi Majhi	F					
27	Ms.Sabit Bud	М					
28	Ms.Sunitarani Singh	F					
29	Ms.Malati Marandi	F					
30	Ms. Madhuri Xaxa	F					
31	Mr.Jogendra Mallik	М	Bcom 2nd Year				
32	Mr.Shiba Singh	М					
33	Mr.Dhaneswar Murmu	М					
34	Ms. Sushama Bhuyan	F					

35	Ms.Aliva Hansdah	F		
36	Ms.Sashimta Murmu	F		
37	Ms.Jasmin Hembrum	F		
38	Ms.Manjulata Hansdah	F		
39	Ms.Tikeswari Bhue	F		
40	Ms.Jambabati Muduli	F		
41	Ms.Sanjukta Pradhan F	BA 3rd Year		
42	Ms.Pratima Singh	F	BA Siu Teal	
43	43 Mr.Laxman Kumar Hansdah M			
44				
45	Mr.Jogendra Murmu	М		
46	Mr.Sushanta Majhi	М		
47	Mr.Ramsai Hembrum	М		
48	Mr.Bisikesan Mallick	М		
49	Ms.Mini Hembrum	F		
50	Ms.Sasmita Tudu	F		25th to 27th
51	Ms. Sabittri Tudu	F		August'206
52	Ms.Jasoda Dehury	F	_	
53	Mr.Ramaray Tudu	М		
54	Mr.Sudam Hembrum	М	Bsc 3rd Year	
55	Mr.Krushna Chandra Pujari	М	DSC SIG Teal	
56	Ms.Archana Hembrum	F		
57	Ms.Anita Sabar	F		
58	Ms.Jabamani Hembrum	F		
59	Ms.Gangamnai Hembrum	F		
60	Ms.Lilimani Soren	F		
61	Mr.Dillip Kumar Hembrum	M		
62	Ms. Shanti Murmu	F		
63	Ms. Sarita Pradhan	F	2nd Year	
64	Ms. Pinki Jani	F	Ziid i Gai	
65	Mr.Rajib Tadingi	М		
66	Ms.Padmini Dharua	F		

Annexure - XII

Kalinga Institute of Social Sciences(KISS) UNFPA SUPPORTED LIFE SKILL BASED SRH EDUCATION PROGRAM

Data Base of Peer Educators with Plan of Community Awareness Program -2016 SI. Date of Sex District Block **Postal Address** Contact No. Name No **Program** Balesore Nilagiri Pratima Singh At - Chandipur, 9556868471 1 18th May'2016 Po- Mitrapur At - Sinduria, 9556903678 Balasore Nilagiri Ishwar Singh M 2 19th May'2016 Po- Siadimal Padmini Dharua 7077016529/ Bolangir Loisingha F At - Luhurapali, PO - Borda, 3 9556474771 20th May'2016 PS - Loisingha Bolangir Gudvella Purna Chandra At-Mahipur, 9777789241 4 Dharua Po- Badangamunda 19th May'2016 Via-Tusra Samir Bhoi At - Jharamunda, Bolangir Liosinga Μ 9668254631 5 21st May'2016 Po- Pardiapali Bolangir Saintila Pinki Jani At - Barahmal. 955659433 6 F 16th May'2016 PO- Khasbahal Khaprakhol Tikeswari Bhuye At- Putulamahul. 8658692946/ Bolangir 7 Po-Maliabhata. 8018743887 15th May'2016 Via- Khaparkhol 9078600256 Sabyasachi Mallik At/PO - Kudasingha, Bolangir Bolangir Μ 8 18th May'2016 PS - Tusura Sunita Munda At - Khadinali, 9338918551(B) Deogarh Barkot F PO- Kalla, 25th May'2016 9 8658779229(F) PS - Barkot Deogarh Telbani Binati Bagh F At- Asanlata, 7381643181 10 26th May'2016 PO-Baraghat Dhenkanal Kankadahad Dhaneswar Murmu At - Kalashpur, 9668806774 11 PO- Tareniposi, 17th May'2016 PS - Kankadahad East Gurabanda Salma Hansdah At - Kasiya Bera, 07682942088(B) 12 12th June'2016 Singhbhum PO/PS - Gurabanda 9534223217(B) Mohana Jogendra Mallick М At - Kantikoli. 9178754393/ Gajapati 13 5th June'2016 PO/PS - Mohana 8455850644 Hemant Mallick At - Kantiekoli 9078408971/ Gajapati Mohana М 5th June'2016 14 PO/PS- Mohana 9438609376 Manas Bhyuan At - Kanchimunda, Gajapati Rayagada 8895421290/ 10th June'2016 15 PO- Kumulasingh 8763783949 At - Gudisahi, 9439644762(B)/ R.Udayagiri Susama Bhuyan F Gajapati 7th June'2016 16 PO/PS - Ramgiri 9439296760(S) Gajapati Mohana Mamata Mallick At - Dhanuapata, 7077179935 17 6th June'2016 PO/PS - Mohana 7752015916 Gajapati R.Udayagiri Krushna Chandra Μ At - Bamanpada, 8763162462/ 18 8th June'2016 Po- Randira Pujari 876326139(H) F At - Chhatamahul, 8658506420 Kalahandi Narla Kausalya Majhi 19 PO- Rupraroad, 19th May'2016 (Brother) PS - Narla Kalahandi Koksara Manikya Naik At - Kadupadar 9777889712 20 (Nuaguda), 18th May'2016 PO - Dangariaguda At/Po- Malikundai. Kalahandi T.Rampur Sushanta Majhi Μ 9556418937/ 21 20th May'2016 Via-T.Rampur 7894699045 Kandhamal Daringibadi Sahu Patmajhi М At - Sinjakuti, 9438385817/ 22 PO- Saramuli, 8658213754 7th June'2016 PS- Bamunigoan

47	Mauybhunj	Bijatala	Jogendra Murmu	M	At-Punsia, Po- Manikpur Ps- Bijatala	8763918994	15th May'2016
46	Mauybhuni	Baripada	Archana Hembrum	F	At-Madhpur, Po- Gorudensa, Baripada	9178830238	18th May'2016
45	Mauybhunj	Baripada	Mini Hembrum	F	At-Indapahi, Po- Laxmiposi, Via- Baripada	8018457848/ 9938986080	16th May'2016
44	Mauybhunj	Bijatala	Sasmita Tudu	F	At/Po-Bisoi, PS-Rairangapur	8337938988	15th May'2016
43	Mauybhunj	Bahalda	Jabamani Hembrum	F	At/Po/Ps- Bahalda	7873183120	22nd May'210
42	Mauybhunj	Saraskana	Gangamani Hembrum	F	At - Janakideipur, Po- Ratila	7381260538	14th May'2016
41	Mauybhunj	Tiring	Jasmin Hembrum	F	At/PoPandupani, Via- Tirang	7684943987	19th May'2016
40	Malkangiri	Kudumulugumma	Gopinath Khara	М	At - Khajurigumma, PO - Bailigumma, PS- Chitrkunda	8895822253	31st May'2016
39	Koraput	Narayanapatana	Rajeeba Tadingi	М	At - Karidipandar, PO- Talagimandia	8763781973	29th May'2016
38	Koraput	Laxmipur	Ghana Jani	М	At - Kapsiput, PO- Bhitrgood	8895427098	28th May'2016
37	Koraput	Nandapur	Sujata Guntha	F	Ps- Semilguda At - Tankel, PO- Andaragada	9439733180	26th May'2016
36	Koraput	Semiliguda	Jambabati Muduli	F	At-Mukhibidai, PO- Rajuput,	9439342156	27th May'2016
35	Keonjhar	Ghasipura	Dillip Kumar Hembrum	М	At - Jhikiripita, PO- Samukanandi	9776731091 8763576516	19th May'2010
34	Keonjhar	Ghasipura	Sasmita Murmu	F	At-Kaduaghata, Po- Tunariapal, Ghasipura	9938190593	18th May'2010
33	Keonjhar	Telkoi	Shantilata Juanga	F	At-Madhusudanpur Po- Khumtapada, Block - Telkoi	7873083142	24th May'201
32	Keonjhar	Joda	Manoroma Nayak	F	At - Roida, PO- R Roida, PS- Barbil	9437243390	22nd May'210
31	Keonjhar	Champua	Laxmi Majhi	F	At - Taduabahal PO- Taduabahal	9437633212	21st May'201
30	Keonjhar	Anandpur	Laxman Kumar Hansadh	M	At - Manoharpur, Anandpur	7077865234 8018230409	20th May'201
29	Keonjhar	Banaspal	Jasoda Dehury	F	At- Danla, Po/Via- Suakati, Nayakote	9438241431/ 7077865234/	23rd May'201
28	Kandhamal	Khajuripada	Bisikeshan Mallick	М	At- Adimunda, Po- Sudreju, Via- Khajuripada	9937760861	2nd June'201
27	Kandhamal	Chakapad	Sagarika Mallick	F	At -Paikachira, PO- Ghatiguda	9437488573	5th June'2016
26	Kandhamal	Phiringia	Sabitri Kanhar	F	At - Lambagudri, PO- Paderipada	9437407325	3rd June'2010
25	Kandhamal	Daringbadi	Sanjukta Pradhan	F	At - Sitalakupada Po- Kumbharbadi	7794802453 8895689491	8th June'2016
24	Kandhamal	Daringibadi	Sarika Pradhan	F	PS - Tikabali At - Danekbadi, PO - Danekbadi	9439243656/ 9439236105	6th June'201
23	Kandhamal	Tikabali	Sarita Pradhan	F	At - Padhanpada, PO- Upparkhol,	8895112897/ 8763108472	4th June'2016

48	Mauybhunj Mauybhunj	Barasahi Kusumi	Lilamani Soren Sabitri Tudu	F	At-Damadarpur, Po- Gudiabandha, Block - Barasahi At-Chulibhanga,	9583380665/ 9937555486 8018687087	21st May'2010
49	, ,				Po- Aharbandh, Block - Kusumi		17th May'201
50	Mauybhunj	Jamda	Ramray Tudu	M	At/Po- Badakuleibira, Via- Jamda	7894477627/ 8599899488	23rd May'201
51	Mauybhunj	Saraskana	Rashmirekha Naik	F	At - Jorki, PO- Joka	7894786796 9777659357(F)	20th May'201
52	Mauybhunj	Tiring	Sudam Hembrum	М	At/Po- Bhagabandi, Via- Tiring	7873511412	21st May'2010
53	Mauybhunj	Udala	Ramsai Hembrum	M	At-Jadukhunta , Po- Dimogadia, Ps- Udala	8658699556	25th May'201
54	Mayurbhunj	Karanjia	Bapu Soren	M	At - Gopalpur, PO- Kuliposi, PS- Karanjia	7205407123 7325844910	24th May'201
55	Mayurbhunj	Karanjia	Malati Soren	F	At - Hatisalbedo, Po- Kushapada	8456075328 9556883680	18th May'201
56	Mayurbhunj	Rairangapur	Sabita Munda	F	At - Lodhabani, PO/PS Gorumahisani	7682939314(F)/ 8658720202(B)	14th May'201
57	Mayurbhunj	Chandua	Malati Marndi	F	At - Kalikasole, PO- Dudhiasole	9040383268	22nd May'210
58	Mayurbhunj	Barasahi	Sunitarani Singh	F	At - Hatikot, PO- Jadunathpur	9556366468	23rd May'201
59	Mayurbhunj	Thakurmunda	Sambari Keria	F	At - Jamranalia, PO/PS - Thakurmunda	7894290075(M)	16th May'201
60	Mauybhunj	Bangiriposi	Mamata Naik	F	At - Mahulisole, Po Pathuria, Via- Bangiriposi	7381190366	15th May'201
61	Mayurbhunj	Bahalda	Shanti Murmu	F	At /PO- Indkhali, PS - Tiring	9078135126/ 9777548569	17th May'201
62	Mayurbhunj	Bijatala	Anita Murmu	F	At - Paunsia, PO - Manikpur	9439656244	15th May'201
63	Mayurbhunj	Shayamakhunta	Shiba Singh	M	At - Kitadili, PO- Bhaluki, PS - Kuliana	7873866109	24th May'201
64	Nuapada	Komna	Minati Naik	F	At/PO- Darlipada	9178010882	22nd May'210
65	Nuapada	Boden	Gupteswar Majhi	М	At - Dudakibanal, Po- Karlakote Via- Rajkhariar	8455870906	23rd May'201
66	Rayagada	K.Singhpur	Jayasankar Praska	М	At - Raghunathpur, PO- Majhiguda	9078673202/ 8018895173	10th June'201
67	Rayagada	Padmapur	Anita Sabar	F	At-Kenduguda, Po- Tembaguda, Ps- Padmapur	8658273297/ 06857-265036	9th June'201
68	Rayagada	Bissamkatak	Mukteswar Wadeka	М	At - Khambesi, PO- Kurli	7077896920/ 9439046683	11th June'201
69	Sonepur	Dunguripali	Nibash Nagi	М	At - Gidhamal, PO- Bankipali, PS- Rampur		12th May'201
70	Sundargarh	Kutra	Alisha Toppo	F	At/PO - Lanjiberna, PS -Rajgangpur	7894502479/ 9937579403	3rd June 201
71	Sundargarh	Sadar	Sabit Bud	М	At/PO - Majhapara, PS- Dharuadihi	9668645423	7th June'201
72	Sundargarh	Bonaigarh	Subhashree Badnaik	F	At - Nuapali, PO- Pandurisila	9556833519	25th May'201

73	Sundargarh	Gurundia	Madhuri Xaxa	F	At/PO - Saraigarh, PS - Chandiposh	9437791787 /9437374607	5th June'2016
					1 6 Ghanaiposh	9439877909	311 Juli 2010
74	Sundargarh	Lathikata	Sanju Ekka	F	At –Kilinga ,PO- Kalunga, PS - Brahmani Tarang	8456952237 9583466787	9th June'2016
75	West Singhbhum	Tantanagar	Randay Kalundia	F	At - Haribera, PO- Kathabari, PS- Manjhari	9835354029	1st June'2016

Annexure – XIII

List of Teachers trained in Counseling - 2016

SI. No	Name of Teacher Counselor	Represents from	Sex
1	Mamata Rout	School	F
2	Jayashree Mishra	School	F
3	Arpita Mohnaty	College	F
4	Sasmita Bastia	School	F
5	Pravasini Hota	School	М
6	Jyotipranja Nayak	School	F
7	Mitali Sahoo	College	F
8	Sagarika Sahoo(A)	School	F
9	Itishree Nayak	School	F
10	Subhalaxmi Mohnaty	College	F
11	Sangita Parida	College	F
12	RashmitaTripathy	College	F
13	Pabitra Kumar Das	College	М
14	Ree Mishra	College	F
15	Surad Behera	School	М
16	Sridhar Das	School	М
17	Debahuti Pattaniak	College	F
18	Annanya Das	College	F
19	Nibedita Dhal	College	F
20	Jayatri Pattaniak	College/Warden	F
21	Ramesh Panda	College/Warden	М
22	Saswati Jena	College	F
23	Priyadarshini Muni	College	F
24	Sasanka Prusty	College	М
25	Sarat Padhiary	College	М
26	Stitipranja Das	College	F
27	Malabika Pattaniak	School	F
28	Pallisree Panda	School	F
29	Trupti Prava Jena	School	F

Annexure – XIV

	Kalinga Institute of Socia	I Sciences (KISS)				
	UNFPA Supported Life Skills Base		am			
	Training of Teacher Counse	elors on Counseling				
Session	Contents	Time	Methodology			
	Day 1		_			
	Registration	9.30 am				
Session 1	Inauguration	10.00 am -10.30am				
	Setting Ground Rules and Expectation sharing by participants	10.30am - 11.00 am	Participatory			
	Ice breaking & Self introduction	11.00 am - 11.15am	Self Introduction			
	Tea Brea	k				
Session 2	Adolescence- A transition Period Changes during Adolescence	11.30 am - 1.30 pm	Participatory Group Work			
Lunch Break (1.30 to 2.30pm)						
Session 3	Understanding Behaviour change in adolescents Guiding Adolescents	2.30 pm -4.00pm	Participatory PPT			
	Tea Brea	k	<u> </u>			
Session 4	Understanding of Adolescents before entering Counseling	4.15 pm - 5.30pm	PPT/Role play/Game			
	Day 11					
	Recap	9.30 am - 10.00 am				
Session 5	Core Life Skills and How it help adolescents	10.00 am - 11.30 am	PPT/Participatory			
	Tea Brea	k				
Session 6	Counseling: Meaning & Definition Types of Counseling Difference between Counseling & Guidance	11.45 am - 1.30 pm	PPT /Participatory			
		(1.30 to 2.30pm)				
Session 7	Benefits of Counseling Basic Principles in Counseling focus in dealing with adolescents	2.30 am - 4.00 pm	Lecture/PPT			
Session 8	Skills and Techniques in counseling	4.00 pm - 5.30 pm	PPT/ Participatory			
	Day III					
	Recap	9.30 am - 10.00 am				
Session 9	Steps in counseling Ethics in Counseling	10.00 am - 11.00 am	GD/ Role play			
Session 10	Health Counseling	11.00 am - 12.00pm				
	Tea Brea	k	•			
Session 11	Stages in counseling: -Listening and Exploring -Understanding -Problem solving -Termination	12.15 pm -1.30 pm	PPT/Participatory			
	Lunch Break	(1.30 to 2.15pm)	•			
Session 12	Stages in Counseling	2.15pm - 3.00 pm	PPT/Participatory			
	Demo counseling sessions	3.00 pm - 5.00pm	PPT/ Participatory			
	Valediction (5.00 p	m - 5.30pm)				



Country Representative interacting with a Peer Educator during his visit to KISS ON 15TH NOVEMBER'16



Country Representative among Students of KISS during his visit to KISS on 15th November'16



Interaction of UNFPA delegates of Asia Pacific region office with teachers and students about the impact of the program



School level Peer Educators in a simulation exercise during the induction training



Peer Educator explaining parents about the benefit of the program during the annual parents meet at KISS



School level Peer Educators in a simulation exercise during the induction training



Facilitator explaining on the queries of participates on the process of Menstruation in the Induction Training of Teachers



Role Play to internalize the impact of early marriage during Induction Training of Teachers



Participants in a group discussion during capacity building training of Teacher Counselors



SPO, UNFPA explaining students of Class XI on the AEP questionnaire before pretesting



Papers presented at the National Conference at RGNIYD



SPO-UNFPA addressing participants in the capacity building of teacher counselors



Signature campaign and Drawing competitions organized during the Community Awareness Program on SRH issues.



Ms. Shireen is explained on the process for scaling up the program to Government Schools



Honorable Founder, KISS is interacting with UNFPA delegates during their visit to KISS



Teachers are engaged in a group discussion during the reorientation training on ARSH



Community awareness in form of rally in involving rural adolescents by a Peer Educator





Peer Educators in Independence Day Parade and Students in the NCERT workshop at New Delhi



Activities during the Refresher Training of college level Peer Educators



Activities during the Induction Training of school level Peer Educators