

Annual Report - 2017

“Empowering young people with Life Skills based Sexual and Reproductive Health (SRH) Education”



(Project No: IND8U602)



Kalinga Institute of Social Sciences (KISS)

Submitted to:

United Nations Population Fund (UNFPA)

Abbreviations

AIDs	Acquired Immune Deficiency virus syndrome
APPI	Ajim Premji Philanthropic Initiative
ARSH	Adolescent Reproductive and Sexual Health
ASHA	Accredited Social Health Activist
AWW	Anganwadi Workers
DPTC	Disaster Preparedness Training Centre
FHW	Female Health Workers
HIV	Human Immune Deficiency Virus
IEC	Information Education Communication
KIIT	Kalinga Institute of Industrial Technology
KISS	Kalinga Institute of Social Sciences
LSE	Life Skills Education
NGO	Non Government Organization
PMU	Project Management Unit
PRIs	Panchayat Raj Institutions
RTI	Reproductive Tract Infections
SPC	State Program Coordinator
S & ME	School & Mass Education Department
SRH	Sexual and Reproductive Health
SSD	ST & SC Development Department
STI	Sexually Transmitted Infections
UNFPA	United Nations Population Fund

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"Empowering young people with Life Skills based Sexual and Reproductive Health (SRH) Education"

I. Background:

Kalinga Institute of Social Sciences (KISS) is the largest residential school for students from disadvantaged and marginalized communities where 25,000 tribal students are pursuing their education. Nearly 12,500 students of the institute belong to the adolescent age group. A comprehensive Life Skills based Adolescent Reproductive and Sexual Health (ARSH) Education Program is being implemented at the institute with support from UNFPA. The intervention is implemented to enhance knowledge and skills of students on life skills and SRH through class room transactions at school level and peer education activities at college level. Besides, research on ARSH issues on topics such as menstruation, early marriage, nutrition, anemia and challenges for tribal adolescents have also been undertaken. During 2015, one of the focus areas was on promoting research on ARSH issues where 15 Post Graduate students of KISS were trained on research methodology, data analysis and topics related to ARSH. As a result, 15 research reports pertaining to adolescent health issues generated and developed into a compendium. It was also presented by Post Graduate students at various forums and seminars.

During 2013 and 2014, KISS extended technical support in the implementation of the LSE based SRH education programme in 500 tribal residential schools of the government. From 2015 programme in government tribal residential schools was scaled up by the ST & SC Development Department, Government of Odisha. KISS has emerged as resource agency having a critical mass of resource persons and a wide range of communication and training materials with socio-cultural sensitivity have also been developed. Most of the resource materials used for LSE programme in the state were developed and tested at KISS. In 2015 and 2016 in KISS, the interventions focused on institutionalizing the intervention for its long term sustainability within the institute

The main focus of the intervention in 2017 was to transact LSE sessions among 9000 adolescents' students, document case studies, process details of LSE interventions at KISS, explore scope for private sector partnership and towards institutionalization of the LSE programme within the institute. The major activities undertaken in the year was orientation of newly inducted teachers, training of peer educator's at school and college level, community awareness activities in identified tribal and slums pockets and develops and test need based resource and communication materials. Menstrual hygiene was promoted and counseling services for students was undertaken by teacher counselors. Partial support towards management of sanitary napkin manufacturing unit was provided under the work plan and the operational cost including human resource was borne by the institute. Documentation of successful case studies, best practices including a video documentary on LSE intervention was developed. Besides, discussions were undertaken with key officials at KISS in order to sustain the project.

II. Objective of the intervention:

- To enhance knowledge and skills among 9,000 adolescents of tribal and disadvantaged communities on life skills based sexual and reproductive health education at KISS

III. Highlight of activities Undertaken in the year 2017:

Activity01: Strengthen Life Skills Based SRH Education for enhancing knowledge and skills among adolescents

The nodal teachers are transacting LSE sessions in the class room as per the fixed time table and peer education is being promoted at the college level. Induction training of newly recruited teachers of KISS on LSE and ARSH were organized for developing their capacity as well as prepare them to transact LSE sessions and its reporting in the coming academic session. Need based resource and communication materials were developed and adopted. Weekly peer educators meetings were organized, their dairies were reviewed and they were encouraged to discuss on different SRH issues with students. Community awareness activities by peer educators organized during summer vacation in tribal villages. Video documentation of the project highlighting key processes and its impact was also undertaken.



Training of newly inducted teachers in KISS on LSE-SRH:

Two batches of training of three days duration organized for (60) newly inducted teachers on LSE



based SRH education programme at KISS from 2nd to 4th March and 6th to 8th March'2017. The training helped the teachers in understanding the importance of LSE based SRH education for safer and informed growing up process for adolescents and developing their capacity in transacting LSE sessions in class. During the training, teachers were trained on ten core life skills, personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception,

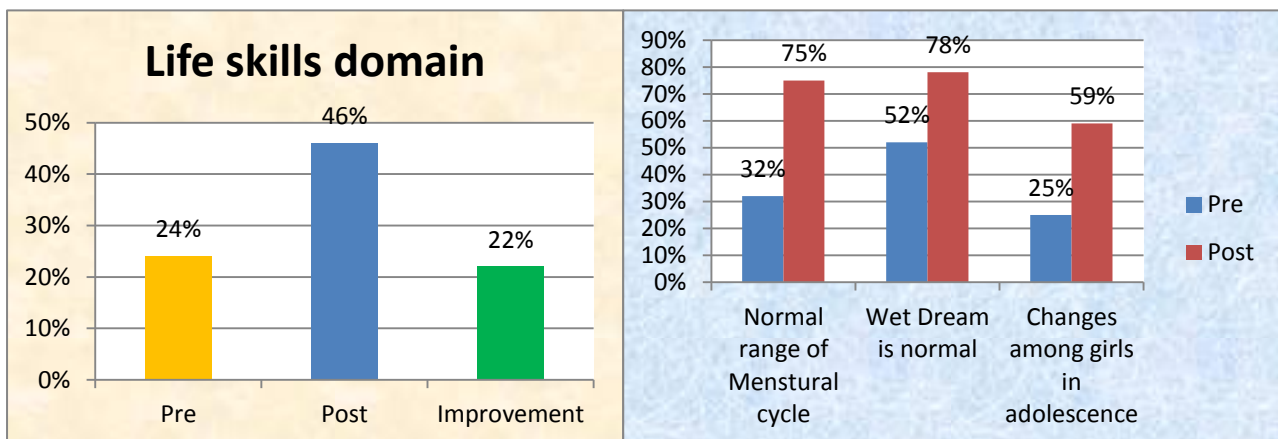
contraception, RTI/STI, HIV/AIDs, Gender inequality and nutrition related issues. Further, they were oriented on effective use of different resource and communication materials while imparting LSE sessions. Reference materials were provided to teachers for effective tranascation LSE sessions. Internal resource persons along with PMU member facilitated the training. **(Refer Annexure II & III for list of participants & schedule in the training)** .The pre and post assessment showed substantial increase in knowledge level of teachers.

Selection and training of Peer Educators at school level:

In a participatory approach, 61 students of class 8th were selected as peer educators. LSE nodal teachers, class coordinators and headmaster scrutinized a pool of 100 students from each class on the basis of their interest, knowledge on the Life Skills and ARSH, leadership ability and a good communication skill. Thereafter, Project Manager, LSE and nodal teachers had small group meetings and interactions with the students. The list was finalized with one boy and one girl from each section not having any role in the campus with other activities such as Junior Red Cross, Scout and Guide, Cup and Bulbul so that their involvement and commitment towards being a peer educator will be more.



The five days induction training on life skills and ARSH issues was organized in two parallel batches for the selected 61 peer educators at campus – 6, KIIT University from 17th to 21st



April'2017. The training helped them to better internalize life skills and gather more information on ARSH issues. During the training, peer educators were trained on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI, HIV/AIDs, Child Rights and nutrition related issues and the concept of peer education and their role and responsibilities. Also, peer educators were oriented on effective use of different

resource and communication materials while promoting peer education. Different Acts related to children and women were also discussed during the induction programme. Internal resource persons along with PMU member facilitated the training. **(Refer Annexure IV & V for list of participants & schedule of the training)**. The post assessment shows that there was substantial increase in knowledge level of peer educators after the training.

Selection and training of Peer Educators at college level:

In a participatory approach, 62 students of graduation 1st year were selected as peer educators. LSE Nodal Teachers, Class Coordinators and principal scrutinized a pool of 120 students from each streams on the basis of their interest, knowledge on the Life Skills and ARSH, leadership ability and a good communication skill. Further, Project Manager, LSE had small group meetings and interactions with the students. The final list of peer educators was made on administration of an aptitude test.

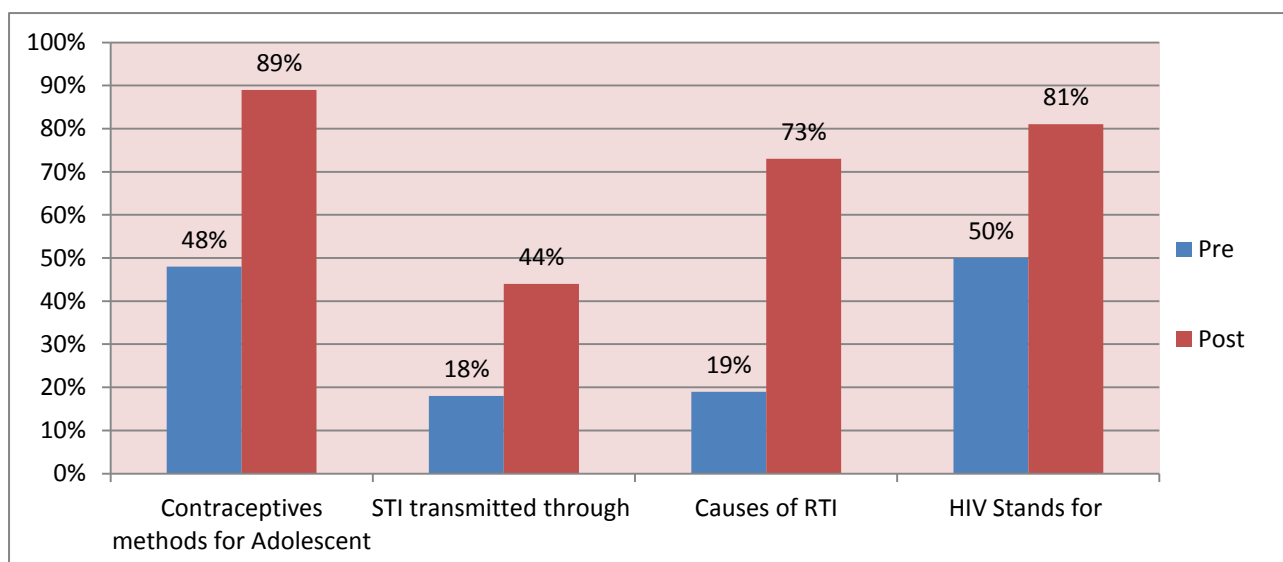


The two batches of induction training of five days duration on Life skills and ARSH was organized for the selected 62 peer educators in two phases. The first phase of four days was organized at Disaster Preparedness Training Centre (DPTC), Red Cross Bhavan, Bhubaneswar from 29th August'2017 to 1st September'2017th and 4th to 7th September'2017, followed with one day reorientation at KISS on 22nd and 23rd September'2017. The



training helped them to better internalize life skills and gather knowledge and information on ARSH issues. During the training, peer educators were trained on personal hygiene, changes during adolescence, sexual and reproductive health, menstruation, conception, contraception, RTI/STI, HIV/AIDs, nutrition and the concept of peer education and their role and responsibilities. Peer educators were also oriented on effective use of different resource and communication materials while promoting peer education. Internal resource persons along with PMU member facilitated the training.

(Refer Annexure VI & VII for list of participants & schedule of the training).



The post assessment shows that there was substantial increase in knowledge level of peer educators after the training.

Community level awareness activities on ARSH issues by peer educators in tribal villages of Odisha:

As part of awareness generation on Life Skills and ARSH among adolescents at community level, peer educators organized Community Awareness Programs in their respective villages during summer vacation starting from 14th May to 14th June' 2017 on issues related to life skills such as child marriage, gender equality, personal hygiene, myths around growing up, nutrition and such others. During this period, 100 trained peer educators of 100 villages (73 Blocks and 22 districts)



were engaged in different activities such as group meetings, rallies, focus group discussions, peer counseling, drawing competitions, signature campaigns and so on among their peers and rural adolescents. Besides, community level stakeholders viz Panchyat Raj Institution members (PRIs), Aganwadi Workers (AWWs,) Accredited Social Health Activists (ASHAs), Female Health workers (FHW) and village leaders were also sensitized. IEC materials were used by Peer Educators for initiating discussions and creating awareness on SRH issues among adolescents. Reference

materials on adolescent issues were handed over to AWWs and youth clubs for use of adolescents. Further, “World Environment Day” on 5th June’2017 was celebrated at village level by peer educators where mass plantation drive and awareness campaign on environment and hygiene was organized.

Further, leaflets in Odia on health and hygiene, SRH issues were distributed for wider dissemination of information. The purpose of the program was to disseminate Life Skills amongst the tribal adolescent, as well as to encourage the denizens to promote and adopt LSE in their day to day life. Issues of age at marriage, teenage pregnancy, RTI.STIs, HIV/AIDs, substance misuse and myths misconception associated with menstruation were discussed at length among adolescent girls and mother. Around 5000 rural adolescents were reached out through this initiative. (*Refer Annexure – VIII for Peer Educator CAP plan*)

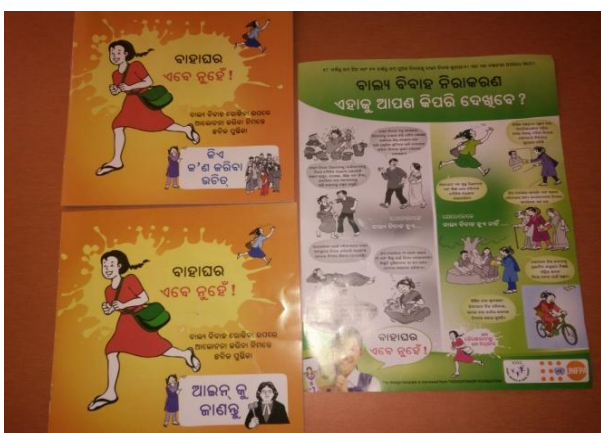
The peer educators submitted their activity report which was then complied and a report was developed by hiring a consultant. 200 copies of the report was printed and shared with different stakeholders for reference.

Promoting menstrual hygiene and Counseling services:

Adolescent friendly counseling and health services are essential components of LSE based SRH programmes. Trained teachers are counseling students on issues like menstruation disorders, relationship issues, mental stress and fear of board examination. Peer educators are closely interacting with the adolescents in informal setting and acting as support group.

The sanitary napkin production unit is being used for production of sanitary pads. The institute extended support for the operational and maintenance cost of the unit including manpower.

Development and Printing of resource and communication materials: For the reference of



nodal teachers and peer educators, different user friendly resource and communication materials were developed and adopted from Thoughtshop Foundation, UNICEF and Mamata (a level national NGO). The materials adapted, translated and printed were Card Game on “**Bhranti and Kranti**” focused on different adolescent health issues, posters on health issues and booklet on

“No Marriage Now” primarily focused on to know about the laws as well as role and responsibility of different stakeholders such as neighbors, teachers, panchyat and police on preventing child marriage.

Documentation of case studies and LSE intervention at KISS:

A 10 minute video documentary of the project was developed highlighting the process and impact of the intervention in KISS. In the video, all program components in the project were highlighted. Besides, success stories, best practices and voices of different stakeholders, attempt was made to document processes and impact of the intervention. KISS also partially supported the cost towards the video documentation of the project.

Life Skill Based SRH Education Sessions:

LSE sessions in classes are being transacted as per the fixed period allotted in the school timetable to complete planned sessions for the academic session 2017 – 2018. Monthly themes have been fixed and accordingly teachers transact the sessions. In order to promote group learning, LSE sessions are envisaged to be an activity based sessions. Hence, participatory methodology such as brainstorming, case studies, group work, role play and such others techniques are used for transaction of LSE sessions by trained nodal teachers. Various communication and resource materials such as thematic charts, case studies, facilitators guide have been provided to teachers to facilitate in organizing LSE sessions. By the end of December '2017, out of planned 20 sessions on an average 18 sessions have been completed in all classes. The LSE sessions will continue in coming months so that all planned 30 sessions are transacted to students. Broad thematic areas which were covered under these (18) sessions are prevention of communicable disease, personal hygiene and nutrition, growing up and changes during adolescence and early marriage and teenage Pregnancy, RTI/STI and HIV/AIDs, Child Rights and Sexual Abuse and Myths and Misconceptions around ARSH. In total, 9830 adolescent students reached out through classroom transaction of LSE sessions.



Table - 1 shows average No. of sessions and class wise progress of broad thematic areas:

Sl. No	Class	No of Sections	No of students covered	Average No of sessions completed (out of 20)	Broad Thematic Areas Covered
1	VI	50 (A to ZX)	2466	19	Prevention of communicable disease, personal hygiene and nutrition, Growing up and changes during adolescence, Early Marriage and Teenage Pregnancy., RTI/STI and HIV/AIDs, Child Rights and Sexual abuse and Myths and misconceptions around ARSH
2	VII	42 (A to ZP)	2084	19	-do-
3	VIII	41 (A to ZO)	2040	19	-do-
4	IX	36 (A to ZJ)	1800	17	-do-
5	XI	11	1440	17	-do-
		TOTAL	9830	18	

Coordination and Planning Meetings:

Programme Management Unit held monthly review meeting with principal, nodal teachers and class coordinators to monitor the progress of LSE sessions in the class as well as guide in effective transaction of LSE sessions. Prior to organizing any planned activity, UNFPA was informed and in consultation with them, agenda, sessions, methodology to be adopted etc was finalized. Further, three review and planning meeting was held with UNFPA in the year on 3rd April, 6th July and 3rd October'2017 to review the progress and plan for activities.

Other Activities:

Visit of UNFPA Global Good Will Ambassador:

Ms. Ashely Judd, UNFPA Global Good Will Ambassador during her visit to Odisha from 6th to 11th February'2017, spent three days at KISS to learn about UNFPA supported Life Skills Education (LSE) Program in particular and other activities of KISS in general. During her visit, she was explained on the objective of the intervention and the approaches adopted in promoting Life Skills Education at KISS. She interacted with students and peer educators to understand the influence of life skills programme in their lives, issues and challenges for adolescent girls and boys in tribal communities.



Besides,
she



witnessed skits by peer educators on SRH issues which they normally used as a tool to create awareness in the campus as well as in their community. She visited the sanitary pad development unit and involved herself in the sanitary pad making process. Ms. Judd was conferred with KISS

Humanitarian Award for her legendary service towards human cause. She interacted with the students of English access Micros scholarship program supported by the US Embassy program and also visited different utility places during her to KISS. Mr. Diago Palacios, UNFPA Country Representative to India, Dr. Deepa Prasad, SPC, UNFPA Odisha and other officials of UNFPA accompanied her during the visit.

SPOT check audit exercise of the project:

As per the agreed plan, sport check of project activities for the period between 1st July 2016 and 30th June 2017 was undertaken on 10th August'2017 by the Admin/Finance Assistant of UNFPA Odisha State office. The audit exercise went very well and the observations raised were clarified. The priority ranking of audit exercise was low.

Visit of Ajim Premji Philanthropic Initiative (APPI) delegates:

Dr. Meera, General Manager, Programs and **Mr. Venugopal**, General manager, Finance of APPI, Bangalore visited KISS on 31st August'2017 and interacted with nodal teachers and peer educators to understand the transaction of nutrition components in the life skills program as well as



effectiveness of peer education approach of the program. They witnessed two classroom sessions on nutrition which helped them in understanding the methodologies adopted by teachers in transacting sessions.

Selection of Peer Educators as Ashoka Youth Venture:

In November'2017, **Ms. Meenaka Kumari Ekka**, a peer educator of the Life Skills Education Program was selected as Youth Venture by Ashoka Innovators for the Public, India for her project "DISHA" by the jury members comprising of thought leaders from diverse sectors. They were very impressed by the work, passion and vision of Meenaka and felt that she meets the high standards expected of an Ashoka Youth Venturer. Through this recognition, Ashoka honored the passion and commitment of her to create social change at such a young age. Her project DISHA aims at promoting life Skill Education in form of addressing the girl child trafficking, girl child education and Marriage of girls at an early age in her community.

After getting selected, she will now receive support in the form of extensive mentorship and training through a structured program, and become part of Ashoka's Global network of Social Innovators & Entrepreneurs.

Conclusion:

During the year, all planned activities were carried out in timely manner. Sixty (60) newly recruited teachers of KISS were trained on LSE-SRH for building their understanding about the program and orienting them on transacting classroom sessions. 61 and 62 peer educators at school and college level respectively were selected and trained to promote LSE-SRH in formal and informal settings. Around 9830 students were directly reached out through transaction of LSE sessions in classroom set up. 5000 rural adolescents were reached out through the community awareness program by peer educators during summer vacation. Resource and Communication material developed and adopted for use of teachers and peer educators. Sanitary napkin production units are fully operational with regular staff deployed by the institute.

Further, students benefitted in managing their problems through counseling sessions by teacher are trained in counseling. A video documentary of the project was developed highlighting the process and impact of the intervention in KISS.

KISS will continue to implement the program activities in the institute for benefit of students. The existing resources will be used for carry forward the intervention.

Annexure:

- I. Physical and Financial Progress of the project for the year**
- II. List of participants in the Induction Training of KISS teachers**
- III. Schedule of Induction Training of KISS Teachers**
- IV. List of participants in the PE training at school level**
- V. Schedule of PE training at school level**
- VI. List of participants in the PE training at college level**
- VII. Schedule of PE training at college level**
- VIII. CAP Plan**
- IX. Photo Gallery**

Annexure – I

PHYSICAL AND FINANCIAL PROGRESS OF THE YEAR - 2017							
Sl. No	Activity (As per WP)	Budget (As per WP)	Revised Budget (if any)	Expenditure (Up to 4 th Quarter)	Status of Activity: Completed, Not Completed, Going on	Balance with IP	Remarks (if any)
1	Training of newly inducted teachers in KISS on LSE-SRH	62,000	No	61,740	Completed	Nil	The Training was completed in the 1 st Quarter
2	Selection and training of Peer Educators at school level	181,000	No	168,563	Completed	Nil	The Training was completed in the 2 nd Quarter
3	Selection and training of Peer Educators at college level	181,000	193,437/-	193,176	Completed	Nil	The unspent budget in 1.2 , 1.1 and 1.4 was used for the residential training
4	Community level awareness activities on ARSH issues by peer educators in tribal villages of Odisha	335,000	No	334,770	Completed	Nil	PE activity report compiled in hiring a consultant and 200 copies printed
5	Promoting menstrual hygiene and Counseling services	120,000	67,520	66,528	Completed	992	Raw materials for production was procured
6	Development and printing of resource and communication materials	150,000	135,064	134,789	Completed	275	Use friendly resource and communication materials like game card, booklet, leaflet etc were developed and adopted
7	Documentation of case studies and LSE intervention at KISS	400,000	387,529	387,529	Completed	Nil	10 minutes video developed on the process and impact of the program

Annexure – II

List of Participants of Induction Training of Teachers		
UNFPA Supported Life Skills Based SRH Education Program		
Sl. No	Name	School/College
1	Monalisa Mishra	College
2	Sishir kumar Tripathy	College
3	Ratnakar Mohapatra	College
4	Kamal prasad Mohanty	College
5	Parikshita Khatua	College
6	Puspangada Dash	College
7	Prajna prakasini das Kanungo	College
8	Manoj kumar Mohanty	College
9	Diptishree Dash	College
10	Pravakar Duari	College
11	Ambika Jena	College
12	Disha Bhatt	College
13	Sanghamitra Sethi	College
14	Guddi Saktinanda	College
15	Debaprasad Pattanaik	College
16	Tripura Mishra	College
17	Raju Nayak	School
18	Dhabaleswar Meher	School
19	Paikraysing Deogam	School
20	Madhab Murmu	School
21	Gurucharan Mundari	School
22	Harihar Panda	School
23	Ajaya Kumar Lenka	School
24	Rasmilata Padhi	School
25	Barsha Mohanty	School
26	Bidyadhar Bhoi	School
27	Sunetri Routray	School
28	Sagarika Sahoo (B)	School
29	Dipti Ranjan Dash	School
30	Rajashree Priyadarshini Singh	School
31	Alaka Das	School
32	Sriprava Devi	School
33	Biraj Krushna Mishra	School
34	Bhabani Shankar Dash	School
35	Brundabati Mohapatra	School
36	Surajit Behera	School
37	Subhajyochhana Biswal	School
38	Manorama Jena	School

39	Rashmimayee Prusty	School
40	Kanak Manjari Biswal	School
41	Sasmita Swain	School
42	Priyanka Chhotaray	School
43	Ganesh Prasad Rout	School
44	Ajaya Kumar Rout	School
45	Snehalata Sahoo	School
46	Biswajit Dash	School
47	Ajit Panda	School
48	Harapriya Satapathy	School
49	Manswinee Biswal	School
50	Jayanti Dhauria	School
51	Snigdharani Behera	School
52	Sasmita Lenka	School
53	Aliva Senapati	School
54	Barsa Baishali Pradhan	School
55	Prasant Kumar Dash	School
56	Jitendra Kumar Mahakud	School
57	Smruti Sasmita Dash	School
58	Dipti Ranjan Sahoo	School
59	Sangram Keshari Panda	School
60	Ajit Kumar Naik	School

Annexure - III

Kalinga Institute of Social Sciences (KISS), Bhubaneswar			
UNFPA Supported Life Skills Based SRH Education Program			
Training of Newly Inducted Teachers on LSE & ARSH			
Session	Contents	Time	Methodology
Day 1			
	Registration	9.30 am	
Session 1	Inauguration	10.00 am -10.15am	
	Pre Test	10.15 am - 10.30 am	Self Administered
	Setting Ground Rules and Expectation sharing by participants	10.30am - 10.40 am	Participatory
	Ice breaking & Self introduction	10.40 am - 10.50am	Self Introduction
Tea Break			
Session 2	Adolescence - A transition Period	11.00 to 11.45 am	PPT/Participatory
Session 3	Life Skills Approach : A Means for SRH Education for adolescents	11.45 am - 1.30 pm	Lecture Participatory
Lunch Break (1.30 to 2.15pm)			
	Session Continued	2.15 pm - 3.30 pm	
Session 4	Nutritional need for adolescents (Focus on Anemia)	3.30pm - 4.15pm	PPT/Game
Tea Break			
Session 5	Healthy practices & Personal hygiene	4.30 pm - 5.30 pm	PPT/GD
Day II			
	Recap	9.30 am - 10.00 am	
Session 6	Menstruation: Its Process and myths associated in it	10.00 am - 11.30 am	PPT/Participatory
Tea Break			
Session 7	Reproductive health: Conception & Contraception	11.45 am - 1.30 pm	PPT /Participatory
Lunch Break (1.30 to 2.30pm)			
Session 8	Reproductive health: Causes. Symptoms and Prevention of RTI/STI	2.30 pm - 4.00 pm	PPT /Participatory
Session 9	HIV/AIDs: Mode of transmission and Management	4.00 pm - 5.30 pm	PPT/ Group Work/Role play
Day III			
	Recap	9.30 am - 10.00 am	
Session 10	Social Issues on Health : Age at Marriage and Teen age pregnancy	10.00 am - 12.00 pm	GD/ Role play
Tea Break			

Session 11	<i>Handling and staying away from Sexual Harassment</i> -Handling Peer Pressure and Substance Misuse	12.15 pm -1.30 pm	PPT/Participatory
	<i>Lunch Break (1.30 to 2.30pm)</i>		
Session 12	Gender & Equality	2.30pm - 3.30 pm	PPT/Participatory
Session 13	Orientation of IEC materials	3.30 pm - 4.45pm	PPT/ Participatory
	Post Test	4.45pm - 5.00 pm	Self Administered
	<i>Valediction (5.00 pm - 5.30pm)</i>		

Annexure - IV

Kalinga Institute of Social Sciences(KISS)			
UNFPA Supported Life Skills Based SRH Education Program			
List School level Peer Educators Participated in the Training - 2017			
Sl. No	Name of PE	Sex	Section
1	Saraswati Majhi	F	A
2	Sarmita Patamajhi	F	B
3	Bhagyabati Das	F	C
4	Bijay Majhi	M	C
5	Jyoshna Puala	F	D
6	Dillip Palka	M	D
7	Mamata Murmu	F	E
8	Bishnu Majhi	M	E
9	Bijayalaxmi Munda	F	F
10	Manohar Golpeda	M	F
11	Champa Kanhar	F	G
12	Ashwanikanta Sing	M	G
13	Manjola Mallick	F	H
14	Ajit Kumar Hansadh	M	H
15	Sujata Pradhan	F	I
16	Bharati Sing	F	J
17	Reshmarani Naik	F	K
18	Damodar Miniaka	M	K
19	Kusulata Karjee	F	L
20	Rabindra Miniaka	M	L
21	Namita Raita	F	M
22	Prafulla Saunta	M	M
23	Sidhanta Majhi	M	N
24	Sunemi Majhi	F	O
25	Tukuna Majhi	M	O
26	Deepali Patra	F	P
27	Diku Murmu	M	P
28	Triveni Dharua	F	Q
29	Kissan Kumar Mallick	M	Q
30	Deepali Bhumija	F	R
31	Ganeswar Munda	M	R
32	Mina Murmu	F	S
33	Estori Muthamajhi	F	T
34	Ube Majhi	M	T
35	Devi Sing	F	U
36	Smita Hikaka	F	V
37	Namindra Majhi	M	V
38	Mamuni Naik	F	W

39	Gobind Majhi	M	W
40	Nageswari Murmu	F	X
41	Akshaya Kumar Bidika	M	X
42	Rebati Munda	F	Y
43	Geetanjali Majhi	F	Z
44	Ganeswar Hansadh	M	Z
45	Barsha Minz	F	ZA
46	Chinki Pradhan	F	ZB
47	Sudhir Majhi	M	ZB
48	Phulamani Hansadh	F	ZC
49	Yuvraj Singh Banjara	M	ZC
50	Malati Tudu	F	ZD
51	Golepi Majhi	F	ZE
52	Pintu Sestri	M	ZF
53	Senha Ekka	F	ZG
54	Amir Bariha	M	ZH
55	Chandana Majhi	F	ZI
56	Sunil Majhi	M	ZJ
57	Bikram Munda	M	ZK
58	Kapura Majhi	F	ZL
59	Minakshi Singh	F	ZM
60	Raj Kisan	M	ZN
61	Tuna Mallick	M	ZO

Annexure – V

Kalinga Institute of Social Sciences (KISS)		
UNFPA SUPPORTED LIFE SKILLS BASED SRH EDUCATION PROGRAM		
Program Schedule for Training of School level Peer Educator on Life Skills and ARSH		
Day 1		
Time	Topic	Methodology
9.00 am - 9.30 am	Registration	Individual
9.30 am- 9.45am	Inauguration	
9.45 am - 10.15 am	Getting to Know each other Expectation sharing Establishing ground rules Decide on Day Rapporteurs	Lecture/ Participatory
10.15 am - 10.30 am	Administration of Pre Test	Individual
10.30 am - 11.00 am	Session -1 : - Overview of the LSE Program in KISS - Objective of the training	Lecture/ Participatory
11.00am - 12.00 Pm	Session -2: Why Peer Education What is Peer Education and Its Importance - Who is Peer Educator? - Roles and Responsibilities	PPT/Participatory
12.00 - 12.15 pm	Sanitation Break	
12.15pm - 12.30pm	Energizer	Game
12.30 pm- 1.30pm	Session 3 : Understanding Adolescents	PPT
1.30 pm - 2.30 pm	Lunch	
2.30 pm - 3.30 pm	Session 4: Understanding of Life Skills -- Skills and life skills --Need of Life Skills --Introduction of 10 core skills	PPT & Game
3.30 pm - 3.45 pm	Energizer	Game
3.45 pm- 5.00pm	Session 5: Self Awareness --Recognizing self -- To look with in	Self Analysis & Collage Making
5.00 pm - 5.30 pm	Debriefing	
Day 2		
9.30- 10.00 am	Recap	Group Presentation
10.00 am - 11.00 am	Session 6: Empathy -- Sensitivity towards others -- Empathy Vs Sympathy & Apathy	Role Play

11.00 am - 1.00 pm	Session 7: Effective Communication and Interpersonal Relationships -- Types and Styles of Communication -- Expressing Views -- Be Assertive --Developing and Maintaining Relationships	Picture Analysis & Game
1.00 pm- 2.00pm	Lunch	
2.00 pm- 5.00pm	Session 8: Critical thinking and Creative thinking -- Analyzing Information objectively -- Think differently	PPT & Role Play
5.00 pm - 5. 30 pm	Debriefing	Lecture
Day 3		
9.30 am - 10.00am	Recap	Question - Answer
10.00 am - 12.00 am	Session 9: Problem Solving and Decision Making -- Deciding on Choices -- Problem Solving Methods(POWER)	Group Discussion & Case Study Analysis
12.00 pm - 1. 30 pm	Session 10: Coping with Stress and Coping with Emotion -- Understanding Emotions -- Regulating emotions -- Way of Coping with Stress and Emotions	Demonstration, PPT & Stress Management Techniques
1.30 pm - 2.30 pm	Lunch	
2.30 pm - 3.30pm	Session 11: -Understanding the concept ARSH - ARSH issues	PPT & Lecture
3.30 pm - 4.15 pm	Session - 12:Nutrition and Anemia	Lecture & PPT
4.15pm - 5.30pm	Session -13 : - Process of Growing up - Changes during adolescence	Group Work
Day 4		
9.30 am - 10.00 am	Recap	Quiz
10.00 am - 11.30am	Session - 14 Menstruation and related myths and Misconception and Masturbation	Lecture and Participatory
11.30 am - 11.45am	Energizer	
11.45 am -1.30 pm	Session -15: Conception and Contraception	PPT & Participatory
1.30 pm -2.30 pm	Lunch	
2.30 pm - 4.30 pm	Session - 16: RTI/STI and HIV/AIDs	PPT & Participatory, Role Play , Quiz
4.30pm - 5.15pm	Session - 17 : Early Marriage and Teenage Pregnancy	Role Play
5. 15 pm - 5. 30 pm	Debriefing	

Day 5		
9.30 am - 10.00am	Recap	News Reporting
10.00 am - 11.00 am	Session- 18 : Handling Peer Pressure and Substance misuse	PPT & Role Play
10.00 am - 12.00 pm	Session - 19 :Gender Equality	PPT
12.00 pm - 1.00 pm	Session - 20: Sexual Harassment and POCSO Act	PPT
1.00 pm - 2.00 pm	Lunch	
2.00 pm - 4.00 pm	Session - 21 : Orientation on JJAct / PCPNDT Act/MTP Act/ DV Act	PPT
4.00 pm - 4.45 pm	Session - 22 :Orientation of Resource and Communication Materials	Demonstration
4.45 pm - 5. 00 pm	Administration of Post Test	Individual
5.00 pm - 5. 30 pm	Valedictory Session	

Annexure - VI

Kalinga Institute of Social Sciences(KISS)			
UNFPA Supported Life skills Based SRH Education Program			
List of College level Peer Educator participated in the Induction Training 2017			
Sl. No	Name	Sex	Date of Training
1	Ranjulata Bariha	F	29th Aug'17 to 1st Sept'17
2	Debi Murmu	F	
3	Nilamani Nayak	M	
4	Keshab Hansdah	M	
5	Aleka Dehury	M	
6	Dharanidhar Bariha	M	
7	Bimala Tudu	F	
8	Nirola Mallick	F	
9	Sujata Nayak	F	
10	Suchitra Singh	F	
11	Maniki Tudu	F	
12	Mayadevi Hembrum	F	
13	Reena Dharua	F	
14	Mamita Fatkar	F	
15	Srikant Mallick	M	
16	DibyaJyoti Majhi	M	
17	Anil Kumar Pradhan	M	
18	Bipin Murmu	M	
19	Ramachandra Murmu	M	
20	Tripura Dharua	F	
21	Sasmita Mallick	F	
22	Namita Majhi	F	
23	Sabita Mallick	F	
24	Sandhyarani Naik	F	
25	Tarash Baskey	M	
26	Gobind Badanaik	M	
27	Jabamani Soren	F	
28	Malati Naik	F	
29	Subhadra Das	F	
30	Ranjan Mallick	M	4th to 7th September'2017
31	Paulus Orey	M	
32	Rashmi Naik	F	
33	Dila Jamuda	M	
34	Jasabanta Sing	M	
35	Lakeswari Nayak	F	
36	Sasmita Naik	F	
37	Ranjusmita Raika	F	
38	Gitanjali Nayak	F	
39	Sukanti Soren	F	

40	Sudhangini Behera	F
41	Sara Hembrum	F
42	Bhupendra Kumar Bhoi	M
43	Malyaranjan Pradhan	M
44	Tribhuban Majhi	M
45	Swagatika Pradhan	F
46	Maitri Naik	F
47	Rashmita Majhi	F
48	Janaki Nayak	F
49	Gita Majhi	F
50	Arati Tudu	F
51	Mamjuta Pradhan	F
52	Pravati Kishan	F
53	Gupta Prasad Sisa	M
54	Sanjukta Bismajhi	F
55	Sanju Bhue	F
56	Sachidananda Pradhan	M
57	Bari Marandi	F
58	Dibyajyoti Mallick	M
59	Sanjeeb Kumar Bhoi	M
60	Bikash Nayak	M
61	Bhgyabati Soren	F
62	Mahendra Tudu	M

Annexure - VII

Kalinga Institute of Social Sciences(KISS)		
UNFPA SUPPORTED LIFE SKILLS BASED SRH EDUCATION PROGRAM		
Program Schedule for Training of College level Peer Educator on Life Skills and ARSH		
Day 1		
Time	Topic	Methodology
9.00 am - 9 .30 am	Registration	Individual
9.30 am- 9.45am	Inauguration	
9.45 am - 10.15 am	Getting to Know each other Expectation sharing Establishing ground rules Decide on day Reporters	Lecture/ Participatory
10.15 am - 10.30 am	Administration of Pre Test	Individual
10.30 am - 11.00 am	Session -1 : - Overview of the LSE Program in KISS - Objective of the training	Lecture/ Participatory
11.00am - 12.00 Pm	Session -2: -Why Peer Education -What is Peer Education and Its Importance - Who is Peer Educator? - Roles and Responsibilities	PPT/Participatory
12.00 pm - 12. 15 pm	Sanitation Break	
12.15pm - 12.30pm	Energizer	Game
12.30 pm- 1.30pm	Session 3 : Understanding Adolescents	PPT
1.30 pm - 2.30 pm	Lunch	
2.30 pm - 3.30 pm	Session 4: Understanding of Life Skills -- Skills and life skills --Need of Life Skills --Introduction of 10 core skills	PPT & Game
3.30 pm - 3. 45 pm	Energizer	Game
3.45 pm- 5.00pm	Session 5: Self Awareness --Recognizing self -- To look with in	Self Analysis & Collage Making
5.00 pm - 5. 30 pm	Debriefing	
8.00pm - 9.00 pm	Dinner	
Day 2		
8.30 am - 9.00am	Breakfast	
9.30- 10.00 am	Recap	Group Presentation
10.00 am - 11.00 am	Session 6: Empathy -- Sensitivity towards others -- Empathy Vs Sympathy & Apathy	Role Play

11.00 am - 12.30 pm	Session 7: Effective Communication and Interpersonal Relationships -- Types and Styles of Communication -- Expressing Views -- Be Assertive --Developing and Maintaining Relationships	Picture Analysis & Game
12.30 pm - 1. 30 pm	Session 8: Critical thinking and Creative thinking -- Analyzing Information objectively -- Think differently	
1.30 pm- 2.30pm	Lunch	
2.30 pm- 3.30pm	Session - 8 continued	PPT & Role Play
3. 30 pm - 5. 30 pm	Session 9: Problem Solving and Decision Making -- Deciding on Choices -- Problem Solving Methods(POWER) & 3C	Group Discussion & Case Study Analysis
8.00 am - 9.00 am	Dinner	
Day 3		
8.30 am - 9.00am	Breakfast	
9.00 am - 9. 30am	Recap	Question - Answer
9. 30 am - 10.30am	Session 10: Coping with Stress and Coping with Emotion -- Understanding Emotions -- Regulating emotions -- Way of Coping with Stress and Emotions	Demonstration, PPT & Stress Management Techniques
10.30 pm - 11.30am	Session 11: -Understanding the concept ARSH - ARSH issues	PPT & Lecture
11.30 am -12.30 pm	Session -12 : - Process of Growing up - Changes during adolescence	Group Work
12.30 pm - 1.30pm	Session - 13:Menstruation and its Process as well as related with myths and Misconception	Lecture and Participatory
1.30 pm -2.30 pm	Lunch	
2. 30 pm - 4.00 pm	Session -14: Conception and Contraception	PPT & Participatory
4.00 pm - 5. 30 pm	Session - 15: RTI/STI and HIV/AIDs	PPT & Participatory, Role Play , Quiz
5.30 pm	Debriefing and Take Room task	Lecture
8.00pm - 9.00 pm	Dinner	
Day 4		
8.30 am - 9.00am	Breakfast	
9.00 am - 9. 30am	Recap	Quiz
9. 30 am - 11. 00am	Session - 16 :Nutrition : -Balance diet -Anemia/Malnutrition/Obesity	Group work
11.00 am - 11. 15 am	Sanitation Break	

11. 15 am - 12. 30 pm	Session - 17 :Gender Equality	PPT
12.30 pm - 1.30 pm	Session- 18 : Handling Peer Pressure and Substance misuse	
1.30 pm -2.30 pm	Lunch	
2..30 am - 4.00 pm	Session -19: Sexual Harassment and POCSO Act	
4.00 pm - 5. 00 pm	Session -20: -What is counseling? -Types of Counseling? -Peer Counseling	Lecture & PPT
5.00 pm - 5. 15 pm	Administration of Post Test	Individual
5.15 pm- 5.45 pm	Valedictory Session	

Annexure - VIII

Kalinga Institute of Social Sciences(KISS)						
UNFPA SUPPORTED LIFE SKILLS BASED SRH EDUCATION PROGRAM						
Plan of Peer Educators for Community Awareness Program - 2017						
Sl. No	District	Block	Name	Sex	Contact No.	Date of Program
1	Angul	Pallahara	Karina Purty	F	8018384096	21st May'2017
2	Bargarh	Bijepur	Anjan Dharua	M	8658101962	25th May'2017
3	Bargarh	Paikmal	Dileswari Bariha	F	9668602317	18th May'2017
4	Bolangir	Titilagarh	Brajeswari Majhi	F	9178147736	21st May'2017
5	Bolangir	Agalpur	Mithirla Bhoi	F	9556939810/ 8456058334	20th May'2017
6	Bolangir	Bolangir	Sabyasachi Mallik	M	9078600256	19th May'2017
7	Boudh	Harabhanga	Promoda Pradhan	F	8895232083/ 9437358680	26th May'2017
8	Boudh	Harabhanga	Gitanjali Dehury	F	9556504939	25th May'2017
9	Boudh	Boudh	Salim Sahu	M	7077858576/ 7894228811	27th May'2017
10	Cuttack	Nuapatana	Pinki Jani	F	7751873598	14th May'2017
11	Dhenkanal	Kankadahad	Kisun Beshra	M	9583292118/ 7327092570	2nd June'2017
12	Dhenkanal	Kankadaua	Hindu Hembram	M	8658569742	1st June'2017
13	Dhenkanal	Kankadahad	Rajani Padhan	F	9556679830/ 9438133687	3rd June'2017
14	Dhenkanal	Kankadahad	Dhaneswar Murmu	M	9668806774	4th June'2017
15	Gajapati	Gumma	Anita Karjee	F	9439271974/ 8763174817	2nd June'2017
16	Gajapati	Nuagada	Sarita Mandal	F	7655008451/ 8280523789	4th June'2017
17	Gajapati	R.Udayagiri	Susama Bhuyan	F	9439644762(B)/ 9439296760(S)	1st June'2017
18	Gajapati	Rayagada	Mamata Sabar	F	7681872059	3rd June'2017
19	Jajpur	Tomaka	Madhusmita Gagarai	F	7205136998/ 8645504393	30th May'2017
20	Kalahandi	Jaipatna	Tulsa Pujhari	F	9938520126	30th May'2017
21	Kalahandi	Junagarh	Chaitanya Sabar	M	7609828471/ 7854065352/	28th May'2017
22	Kalahandi	Lanjigarh	Rabi Majhi	M	9439198001	27th May'2017
23	Kalahandi	M. Rampur	Pankajini Patra	F	9439422331/ 8895899131	29th May'2017
24	Kalahandi	Koksara	Manikya Naik	F	9777889712	31st May'2017
25	Kandhamal	Daringbadi	Gitanjali Pradhan	F	9938791945/ 8763943958	26th May'2017
26	Kandhamal	K. Nuagaon	Dipanjali Pradhan	F	9439769353	23rd May'2017
27	Kandhamal	Daringibadi	Sahu Patmajhi	M	9438385817/ 8658213754	30th May'2017

28	Kandhamal	Daringbadi	Sanjukta Pradhan	F	7794802453 8895689491	8th June'2017
29	Kandhamal	Daringbadi	Surathi Pradhan	F	9437038986	22nd May'2017
30	Kandhamal	Tikabali	Sarita Pradhan	F	8895112897/ 8763108472	29th May'2017
31	Kandhamal	Daringibadi	Sarika Pradhan	F	8763380886	22nd May'2017
32	Kandhamal	Phiringia	Sabitri Kanhar	F	9437407325	28th May'2017
33	Kandhamal	Chakapad	Sagarika Mallick	F	9437488573	24th May'2017
34	Kandhamal	Khajuripada	Anjali Kanhar	F	9437374426	24th May'2017
35	Kandhamal	Daringabadi	Elina Pradhan	F	8895563424/ 9437524088	26th May'2017
36	Kandhamal	Raikia	Sadhana Pradhan	F	9438531381/ 8894844120	25th May'2017
37	Kandhamal	G. Uduyagiri	Deepika Mallick	F	7077834378	25th May'2017
38	Kandhamal	K.Nuagoan	Namrata Pradhan	F	8763388036	27th May'2017
39	Kandhamal	Phiringia	Bishnu Charan Mallick	M	8280258702/ 8280002790	27th May'2017
40	Kandhamal	K. Nuagoan	Swarnalata Pradhan	F	8763142955	29th May'2017
41	Kandhamal	Phiringia	Kaikei Pradhan	F		28th May'2017
42	Kandhamal	Tumudibandha	Thomash Majhi	M	8895884586	23rd May'2017
43	Keonjhar	Banaspal	Udhab Dehury	M	9439619822/ 9438241431	18th May'2017
44	Keonjhar	Harichhandanpur	Jemamani Juanga	F	9556128019/ 9692574875	23rd May'2017
45	Keonjhar	Anandapur	Basa Naik	F	8984102089	21st May'2017
46	Keonjhar	Champua	Laxmi Majhi	F	9437633212	19th May'2017
47	Keonjhar	Ghasipura	Daman Hansdan	M	7326956406	20th May'2017
48	Koraput	Bandhugaon	Meleka Indira	F	8895093037/	10th June'2017
49	Koraput	Bandhugaon	Kadraka Sasmita	F	8763809761/	9th June'2017
50	Koraput	Nandapur	Sujata Guntha	F	9439733180	8th June'2017
51	Koraput	Laxmipur	Subash Nandibadi	M	8280486054/ 9439252402	11th June'2017
52	Koraput	Laxmipur	Ghana Jani	M	7682932577/ 7653079221(H)	7th June'2017
53	Malkangiri	Khariput	Subash Kirsani	M	7751062126/ 7077838405	7th June'2017
54	Malkangiri	Khariput	Bijay Golpeda	M	8458020446/ 8280612214	8th June'2017
55	Malkangiri	Mathili	Sitadei Nayak	F	7609075140/ 9777505230	9th June'2017
56	Maurybhunj	Kusumi	Sabitri Tudu	F	8018687087	3rd June'2017
57	Maurybhunj	Bijatata	Sasmita Tudu	F	8337938988	4th June'2017
58	Mayurbhanj	Udala	Gitanjali Marndi	F	8018546809	30th May'2017
59	Mayurbhanj	Karanja	Jyoshna Naik	F	9078227169/ 7077215819	31st May'2017
60	Mayurbhanj	Thakurmunda	Ghanashyam Naik	M	8018198594	1st June'2017
61	Mayurbhanj	Udala	Ramsai	M	8658699556	30th May'2017

			Hembrum			
62	Mayurbhunj	Karanjia	Malati Soren	F	8456075328 9556883680	31st May'2017
63	Mayurbhunj	Rairangapur	Sabita Munda	F	7682939314(F)/ 8658720202(B)	2nd June'2017
64	Mayurbhunj	Bahalda	Shanti Murmu	F	8455840725/ 9937217456	6th June'2017
65	Mayurbhunj	Bijatata	Anita Murmu	F	9439656244	3rd June'2017
66	Maubybhunj	Barasahi	Lillimani Soren	F	9583380665/ 9937555486	9th June'2017
67	Maubybhunj	Saraskana	Gangamani Hembrum	F	7381260538	8th June'2017
68	Maubybhunj	Baripada	Archana Hembrum	F	9178830238	10th June'2017
69	Maubybhunj	Tiring	Jasmin Hembrum	F	7684943987	10th June'2017
70	Mayurbhunj	Shayamakhunta	Shiba Singh	M	7873866109/ 9438017163	7th June'2017
71	Nawarangapur	Kasagumuda	Gomati Bhatra	F	7681814917/ 8018655678	11th June'2017
72	Nawarangapur	Tentuli Khunti	Indramani Majhi	F	9778491277/ 8658837657	10th June'2017
73	Nawarangapur	Kasagumuda	Bhaskar Majhi	M	9938170221/ 8249815968	12th June'2017
74	Nawarangapur	Raighar	Kunibai Gond	F	8455060815	13th June'2017
75	Nayagarh	Gania	Manas Rajan Nayak	M	8280857360/ 8280857361	20th May'2017
76	Nuapada	Komna	Yogita Sabar	F	9178893642	23rd May'2017
77	Nuapada	Sinapali	Upendra Majhi	M	9178678588/ 7008044061	28th May'2017
78	Nuapada	Sinapali	Santharam Majhi	M	7077463251/ 8018119836	27th May'2017
79	Nuapada	Komna	Buddhadev Sabar	M	8018659272/ 8658370016	24th May'2017
80	Nuapada	Komna	Minati Naik	F	9178010882	26th May'2017
81	Rayagada	Puttasing	Rasmita Sabar	F	8895843080	1st June'2017
82	Rayagada	Ramnaguda	Droupadi Sabar	F	9437648319	7th June'2017
83	Rayagada	K.Singhpur	Namita Prepaka	F	9437059633/ 8455876944	6th June'2017
84	Rayagada	K.Singhpur	Jayasankar Praska	M	7077886830/ 8018895173	3rd June'2017
85	Rayagada	Bissamkatak	Mukteswar Wadeka	M	7077896920/ 9437837163	4th June'2017
86	Sambalpur	Jamankira	Dharitri Naik	F	9178002402/ 8596992328	7th June'2017
87	Sonepur	Dunguripali	Mamina Kuanr	F	9078308625/ 8280426019	11th June'2017
88	Sonepur	Dunguripali	Nibash Negi	M	7750804523	9th June'2017
89	Sundargarh	Nuagoan	Preeti Beck	M	8658721661/ 9078846144	13th June'2017
90	Sundargarh	Bonaigarh	Basanti Munda	F	9439435489	9th June'2017
91	Sundargarh	Koida	Namrata Munda	F	8658991704/ 9437541009	6th June'2017

92	Sundargarh	Kuarmunda	Sunita Kerketta	F	9178445587/ 7326959318	8th June'2017
93	Sundargarh	Lathikata	Menaka kumari Ekka	F	7608039463	7th June'2017
94	Sundargarh	Lephripara	Rashmika Toppo	F	8658083699/ 9178952473	12th June'2017
95	Sundargarh	Lephripara	Urbasini Ekka	F	9556008074	12th June'2017
96	Sundargarh	Subdega	Kaushalya Deheri	F	8658866521/ 8598919264	11th June'2017
97	Sundargarh	Kutra	Alisha Toppo	F	7894502479/ 9937579403	10th June'2017
98	Sundargarh	Bonaigarh	Subhashree Badnaik	F	9556833519(M) / 8895180475	10th June'2017
99	Sundargarh	Lathikata	Sanju Ekka	F	8456952237 9583466787	13th June'2017
100	West Singhbhum	Tantanagar	Randay Kalundia	F	9835354029	14th June'2017

Annexure – IX





